

Scottish Country Dancers of Colorado  
**November Regional Dance**

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Saturday, November 22nd, 2014 • 1:00 pm to 4:00 pm  
Parker Senior Center • 10675 Longs Way • Parker  
Some dances walked through at 12:45.

\$5.00 SCD members, \$6.00 non-members  
Students through high school half price.

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	Program		
La Flora	8x32J3	(2)	27-10
The Maids of Currie	8x32R3	(3)	Ch-7
The Golden Years	8x32S3	(2)	48-3
The Express	8x40J3	(3)	20-11
Black Mountain Reel	5x32R5	(4)	Haynes, Carnforth 3
Out of Thin Air	3x32S3	(3)	3 <sup>rd</sup> Gr-13
Captain White	8x32J2	(2)	MMM 1
Fidget	8x32R2	(3)	16-1
Autumn in Appin	4x32S4	(4)	31-5
Shoulder to Shoulder	8x40J2	(3)	MMM 2
College Hornpipe	8x32R3	(3)	20-12
Dalkeith's Strathspey	8x32S3	(3)	9-6
The Gilly Flower	8x32J3	(4)	36-8
The Dancing Man	8x32R3	(3)	2 <sup>nd</sup> Gr-24

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Be thankful for music, dance, and friends. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm.

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**LA FLORA (J8x32) 3C (4C set)**

Monro RSCDS Bk 27

- 1- 8 1s+2s dance RH across ½ way & ½ turn RH, dance LH across ½ way & turn LH to places  
 9-16 1s petronella to 2<sup>nd</sup> place opposite sides  
 17-24 2s+1s+3s circle 6H round & back  
 25-32 1s dance reels of 3 on opposite sides giving RSh to person on their right & cross to 2<sup>nd</sup> place own sides

**THE MAIDS OF CURRIE (R8x32) 3C (4C set)**

H&amp;T Cruickshank SCDs for Children

- 1- 8 1s dance Fig of 8 round 2s+3s (own sides) giving RSh to 2s  
 9-16 1s+2s Adv+Ret & dance RH across  
 17-24 1s followed by 2s lead down & 2s lead back followed by 1s end facing 1<sup>st</sup> corners  
 25-32 1s turn 1<sup>st</sup> corners RH, partner LH, 2<sup>nd</sup> corner RH & cross LH to 2<sup>nd</sup> place own sides

**THE GOLDEN YEARS 3 (S8x32) 3C (4C set)**

N Sutherland RSCDS Bk 48

- 1- 8 1s cross RH and cast one place, 1s turn RH while 2s+3s set and turn ½ RH, finish facing down in allemande hold  
 9-16 2s+1s+3s dance allemande  
 17-24 Set and link for 3, all turn opp BH once round  
 25-32 Set and link for 3, all turn partner BH once round

**THE EXPRESS (J8x40) 3C (4C set)**

Button &amp; Whittaker RSCDS Bk 20

- 1- 8 1s dance reflection reels of 3 on opposite sides  
 9-16 1s dance reflection reels on own sides  
 17-24 1s lead down the middle & back  
 25-32 1s+2s dance Allemande (1s ending in the centre in double triangle pstns)  
 33-40 1s dance Double Triangles

**THE BLACK MOUNTAIN REEL (R5x32) 5C set**

D Haynes Carnforth Coll 3

- 1- 8 1s & 3s cross RH & cast down 1 place, dance ½ Fig of 8 round the couples above them & cross to face 1<sup>st</sup> corners  
 9-16 1s & 3s turn 1<sup>st</sup> corners RH & partner LH, turn 2<sup>nd</sup> corner RH & partner LH to face 1<sup>st</sup> corners again  
 17-24 1s & 3s dance diagonal reels of 4 with 1<sup>st</sup> corners  
 25-32 All dance RH across once round (1L with 2s, 1M+3L with 4s & 3M with 5s), 1s & 3s turn ptrns LH & cast one place

**OUT OF THIN AIR (S3x32) 3C set**S Porter RSCDS 3<sup>rd</sup> Graded Bk

- 1- 8 1s set, cross RH, cast, and turn LH to face 1<sup>st</sup> corners  
 9-16 1s turn corner, partner, corner, partner and end in middle on own side facing up  
 17-24 1s dance up between 2s, cast, dance down between 3s, and cast up  
 25-32 1s+3s dance tourné

**CAPTAIN WHITE (J8x32) 2C (4C set)**

MMM 1

- 1- 8 1s+2s Adv+Ret, circle 4H round to left ½ way  
 9-16 2s+1s repeat back to places  
 17-24 1M+2L turn RH, 1L+2M turn RH  
 25-32 1s+2s dance Poussette. 2 1

**FIDGET (R8x32) 3C (4C set)**

Button &amp; Whittaker RSCDS Bk 16

- 1- 8 1s facing 2s set & change places RH & repeat back to places LH  
 9-16 1s+2s+3s Promenade (1s+2s remain in centre of dance)  
 17-24 1s+2s dance Poussette (1s end in double triangle position)  
 25-32 2s+1s+3s dance Double Triangles

**AUTUMN IN APPIN (S4x32) 4C set 3s & 4s on opp sides**

J Drewry RSCDS Bk 31

- 1- 8 2s+3s Petronella turn into centre & set to partner (Men BtoB), 2s+3s ¾ turn partner RH & dance RH across ½ way to change places & end with other partner in prom hold (2M+3L facing Men's side & 3M+2L facing Ladies side)  
 9-10 1s & 4s Petronella turn into centre **while** 2M+3L dance out & up on Men's side & 3M+2L dance out & down on Ladies side  
 11-12 1s & 4s set to partner **while** 2M+3L/3M+2L cross to other side passing between 'gates' (1s & 4s)  
 13-14 1s & 4s ½ turn RH into prom hold (1s facing Ladies side & 4s facing Men's side) **while** 2M+3L/3M+2L dance down/up sides  
 15-16 All Promenade cl'wise 1 pl to end in square set (1s on Ladies side facing 4s on Men's side, 2M+3L in 4<sup>th</sup> pl face up **as** 3M+2L in 1<sup>st</sup> pl face down)  
 17-24 1s+4s dance ½ Ladies Chain, 2s+3s dance ½ Men's Chain (2s & 3s ending with Lady on Mans left)  
 25-32 All set in square set & circle 8H round to left, dance into centre, turn right & spiral out to own side lines ending 2 4 (1)(3)

**SHOULDER TO SHOULDER (J8x40) 2C (4C set)**

MMM 2

- 1- 8 1s turn RH, turn LH
- 9-16 1s lead down the middle & back to top & 1s+2s form line up/down centre with Men BtoB
- 17-24 1s+2s set twice & turn partners 2H
- 25-32 1s+2s dance reel of 4 up/down middle
- 33-40 1s+2s dance Poussette. 2 1

**THE COLLEGE HORNSPIPE (R8x32) 3C (4C set)**

Boag RSCDS Bk 20

- 1- 8 1s+2s+3s circle 6H round & back
- 9-16 1s+2s+3s Promenade
- 17-24 1s cross RH, cast to 2<sup>nd</sup> place, cross LH, cast to 3<sup>rd</sup> place & lead up to face 1<sup>st</sup> corners
- 25-32 1s dance 'Hello-Goodbye' setting ending with a clap & petronella turn to 2<sup>nd</sup> places

**DALKEITH'S STRATHSPEY (S8x32) 3C (4C set)**

RSCDS Bk 9

- 1- 8 1s (with nearer hands joined) set to 2L & circle 3H round to the left, set to 2M & circle 3H round to the left
- 9-16 1s lead down the middle (2s step up) & back to end between 2s (BtoB) facing opposite partners
- 17-24 1s+2s dance reel of 4 across, 1s end in middle facing 1<sup>st</sup> corner
- 25-32 1s turn 1<sup>st</sup> corner RH, partner LH, 2<sup>nd</sup> corner RH & cross LH to own sides

**THE GILLY FLOWER (J8x32) 3C (4C set)**

P Roberts RSCDS Bk 36

- 1- 8 1s+2s set, turn right about & dance to next place clockwise (1M & 2L changing sides), change places with ptrns RH & dance on 1 pl (1s in 2<sup>nd</sup> pl)
- 9-16 2s+1s+3s dance reels of 3 on sides (1s pass 3s by LSh to start)
- 17-24 2s+1s dance RH across, 1s+3s dance LH across
- 25-32 2s+1s+3s set advancing to form circle (no hands), set turning right about & dance RH across dance clockwise to places

**THE DANCING MAN (R8x32) 3C (4C set)**

R Goldring 10 Social Dances

- 1- 8 1s & 2s turn RH once round & dance RH across once round
- 9-16 1s+2s+3s dance parallel RSh reels of 3 on own sides 1s continue reels & loop round at top to 2M facing 1M & 2L facing 1L (1M+2L BtoB in the middle)
- 17-24 1s+2s dance reel of 4 across 1s end in 2<sup>nd</sup> places
- 25-32 2s+1s+3s circle 6H round & back

November Regional

La Flora	Fidget
The Maids of Currie	Autumn in Appin
The Golden Years	Shoulder to Shoulder
The Express	College Hornpipe
Black Mountain Reel	Dalkeith's Strathspey
Out of Thin Air	The Gilly Flower
Captain White	The Dancing Man

La Flora

(3)	32J3
1-8	Cpls 1 and 2 dance rt hands across halfway and cross by rt, then dance lft hands across halfway and cross by lft.
9-16	Cpl 1 petronella (2s step up), set to prtnr, petronella into 2 <sup>nd</sup> improper, and set to prtnr.
17-24	Circle 6 hands round and back.
25-30	Cpl 1 face 2 <sup>nd</sup> crnrs and dance rt shldr reel of 3 on the sides.
31-32	Cpl 1 cross by rt to end in 2 <sup>nd</sup> .

The Maids of Currie

(3)	32R3
1-8	Cpl 1 dances parallel fig 8s on sides.
9-16	Cpls 1 and 2 advance and retire and dance rt hands across once round.
17-24	Cpl 1 followed by 2s lead down the middle, then cpl 2 followed by 1s lead up to end with 2s at the top and cpl 1 facing 1 <sup>st</sup> crnrs.
25-32	Cpl 1 turn crnr, prtnr, crnr, prtnr.

The Golden Years

(2)	32S3
1-8	1s cross by rt and cast as the 2s step up. 1s turn by rt while 2s and 3s set and turn 1/2 by rt, all end in allemande hold facing down.
9-16	2s, 1s, and 3s dance allemande to finish 3, 1, 2 on opp sides.
17-24	3s, 1s, and 2s set and link to finish in lines across and turn opp dancer with both hands once round.
25-32	All set and link again to finish on own sides and all turn prtnr with both hands once round.

The Express

(3)	40J3
1-8	Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on opp sides.
9-16	Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on own sides.
17-24	Cpl 1 lead down the middle and up again.
25-32	Cpls 1 and 2 dance allemande, cpl 1 end back to back facing own sides.
33-40	1s dance double triangles.

The Black Mountain Reel

(4)	32R5
1-4	Cpls 1 and 3 cross by rt, cast one place (2s and 4s step up).
5-8	Cpls 1 and 3 dance ½ fig 8 around the cpl above, end facing 1 <sup>st</sup> crnrs.
9-16	Cpls 1 and 3 dance crnr, prtnr, crnr, prtnr, end facing 1 <sup>st</sup> crnrs.
17-24	Cpls 1 and 3 dance reel of 4 with 1 <sup>st</sup> crnrs to end in middle of dance, ladies up and men down.
25-28	W1 dance rt hands across with 2s, M1 and W3 dance rt hands across with 4s, and M2 dance rt hands across with 5s.
29-32	Cpls 1 and 3 turn by lft, cast one place (4s and 5s step up).

Out of Thin Air

(3)	32S3
1-8	1s set, cross by rt, cast as the 2s step up, and turn by lft to face 1 <sup>st</sup> crnrs.
9-16	1s dance crnr, prtnr, crnr, prtnr to finish in the middle on own side facing up.
17-24	1s dance up between the 2s, cast, dance down between the 3s and cast up to 2 <sup>nd</sup> on own sides.
25-32	1s and 3s dance the tournée.

Captain White

(2)	32J2
1-8	Cpls 1 and 2 advance and retire, circle lft halfway.
9-16	Cpls 1 and 2 repeat bars 1-8 to place.
17-20	M1 and W2 turn by rt.
21-24	W1 and M2 turn by rt.
25-32	Cpls 1 and 2 poussette.

Fidget

(3)	32R3
1-8	Cpls 1 and 2 face up and down; set and change by rt, set and change by lft.
9-16	Cpls 1, 2, 3 dance promenade, cpl 1 and 2 end in middle.
17-24	Cpls 1 and 2 dance poussette, cpl 1 end back to back facing own lines.
25-32	1s double triangles.

Autumn in Appin

(4)	32S4
1-4	(2 <sup>nd</sup> chord 3s and 4s change sides) Cpls 2 and 3 dance a petronella turn and set to prtnr.
5-8	Cpls 2 and 3 turn ¾ by rt and dance rt hands across halfway to finish M2 with W3 in promenade hold facing out men's side and M3 with W2 in promenade hold facing out women's side.
9-14	Cpls 1 and 4 dance a petronella turn, set to prtnr, and turn ½ by rt. Finish in promenade hold, 1s at top facing women's side and 4s at bottom facing men's side. M2 with W3 and M3 with W2 dance out the sides, between the 1s and 4s, and to the opp side.
15-16	All promenade CW one position.
17-20	Now in a square, cpls 1 and 4 dance half ladies' chain across the dance.
21-24	Cpls 2 and 3 dance half men's chain up and down the dance turning prtnr once round to end M on prtnr's rt.
25-26	All set facing the center.
27-32	All dance 6 hands round to the lft. On bar 30 all dance in and pull back rt shldr to face out and spiral to sides into progressed places 2, 4, 1, 3.

Shoulder to Shoulder

(3)	40J2
1-8	1s turn by rt and turn by lft.
9-16	1s lead down and up to finish in center facing with W1 above M1. 2s step in to face with M2 above W2.
17-24	1s and 2s set twice and turn prtnr with both hands.
25-32	1s and 2s dance a reel of 4 and end ready for poussette.
33-40	1s and 2s dance poussette.

The College Hornpipe

- (3) 32R3  
1-8 Cpls 1, 2, 3 circle round and back again.  
9-16 Cpls 1, 2, 3 dance promenade.  
17-24 Cpl 1 cross by rt, cast, cross by lft, cast, lead up middle to face 1<sup>st</sup> crnrs.  
25-32 Cpl 1 dance 6 bars of hello and goodbye setting, then clap and turn into place.

Dalkeith's Strathspey

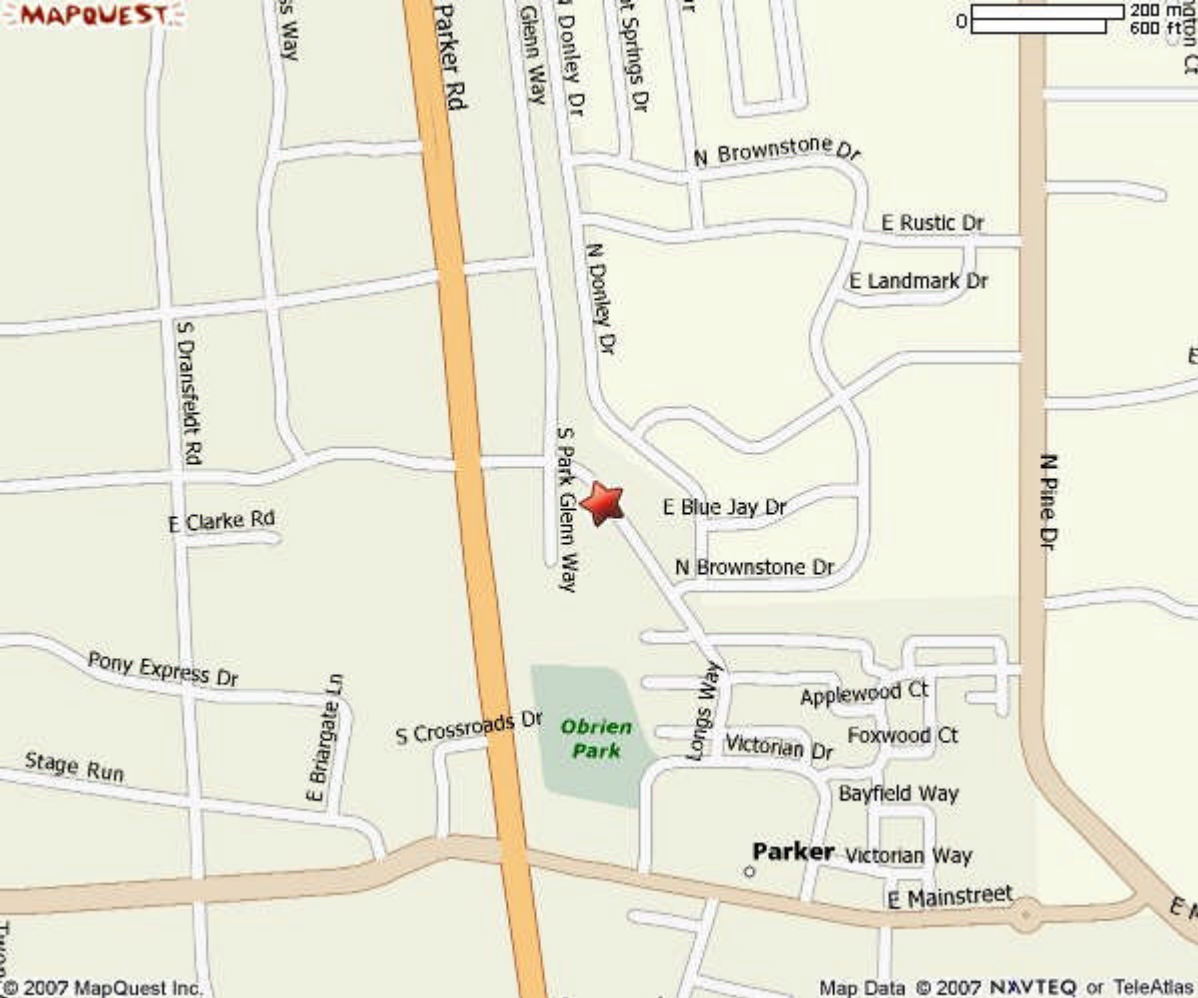
- (3) 32S3  
1-4 Cpl 1 set to and dance 3 hands round w/W2.  
5-8 Cpl 1 set to and dance 3 hands round w/M2.  
9-16 Cpl 1 lead down the middle and up, ending M1 facing W2, W1 facing M2 in a line across the dance.  
17-24 Cpls 1 and 2 dance a reel of 4 across the dance, cpl 1 finish facing 1<sup>st</sup> crnrs.  
25-32 Cpl 1 turns crnr, prtner, crnr, prtner to end in 2<sup>nd</sup> on own side.

The Gilly Flower

- (4) 32J3  
1-8 Cpls 1 and 2 set and rotate.  
9-16 Cpls 2, 1, 3 dance reels of 3 on the sides, cpl 1 passing 3s by the lft to begin. M1 and W2 stay facing out.  
17-20 Cpls 2 and 1 dance rt hands across.  
21-24 Cpls 1 and 3 dance lft hands across.  
25-26 Cpls 2, 1, 3 set advancing to form a small circle.  
27-28 All turn rt about while setting.  
29-30 All dance rt hands across for 6.  
31-32 All Drop hands and continue dancing CW to own side.

The Dancing Man

- (3) 32R3  
1-8 1s and 2s turn by rt and dance rt hands across once round.  
9-16 1s, 2s, and 3s dance reels of 3 on own sides. 1s and 2s pass rt shldr to begin and continue reel to finish in a line across the dance.  
17-24 1s and 2s dance reel of 4 across the dance and end progressed.  
25-32 2s, 1s, and 3s circle 6 hands round and back.



Obrien Park

Parker