

Scottish Country Dancers of Colorado  
**October Regional Dance**

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Saturday, October 18th, 2014 • 1:00 pm to 4:00 pm  
Tri-Lakes Family Center (YMCA) • 17250 Jackson Creek Parkway  
Monument • CO • 80132

Some dances walked through at 12:30.  
\$5.00 SCD members / \$6.00 non-members  
Students through high school half price.

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	Program		
Kiss Under the Stairs	8x32J3	(2)	MMM 2
Old Man of Storr	8x32R3	(2)	Ch-6
The Golden Years	8x32S3	(2)	48-3
The Express	8x40J3	(3)	20-11
The Maids of Currie	8x32R3	(3)	Ch-7
Out of Thin Air	3x32S3	(3)	3 <sup>rd</sup> Gr-13
Captain White	8x32J2	(2)	MMM 1
Fidget	8x32R3	(3)	16-1
Autumn in Appin	4x32S4	(4)	31-5
Shoulder to Shoulder	8x40J2	(3)	MMM 2
College Hornpipe	8x32R3	(3)	20-12
Skirrid Strathspey	1x96S4Sq	(4)	Holden, Leaflet
Snake Pass	8x32J3	(3)	Churnside, Life Begins at 40
The Dancing Man	8x32R3	(3)	2 <sup>nd</sup> Gr-24

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With Halloween just round the corner, come join us for fun and exercise. Make room for the candy, candy, candy. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm.

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**KISS UNDER THE STAIRS (J8x32) 3C (4C set)**

MMM 2

- 1-8 1s set, cast down 1 place & circle 4H round to left with 3s  
9-16 1s set, cast up & circle 4H round to left with 2s  
17-24 1s lead down for 2 steps & back up to top, cast 1 place & turn RH to face down  
25-32 1s lead down below 3s, cast up to 2<sup>nd</sup> place & 2s+1s+3s turn RH

**THE OLD MAN OF STORR (R8x32) 3C (4C set)**

R Goldring SCDs For Children

- 1-8 1s+2s dance RH across, 1L followed by partner casts 1 place & 1L crosses to 2<sup>nd</sup> place opposite sides  
9-16 1s+3s dance LH across, 1L followed by partner casts down 1 place & 1L crosses to 3<sup>rd</sup> place own side  
17-24 1s set, dance up to top & cast to 2<sup>nd</sup> place  
25-32 2s+1s R&L

**THE GOLDEN YEARS 3 (S8x32) 3C (4C set)**

N Sutherland RSCDS Bk 48

- 1-8 1s cross RH and cast one place, 1s turn RH while 2s+3s set and turn ½ RH, finish facing down in allemande hold  
9-16 2s+1s+3s dance allemande  
17-24 Set and link for 3, all turn opp BH once round  
25-32 Set and link for 3, all turn partner BH once round

**THE EXPRESS (J8x40) 3C (4C set)**

Button &amp; Whittaker RSCDS Bk 20

- 1-8 1s dance reflection reels of 3 on opposite sides  
9-16 1s dance reflection reels on own sides  
17-24 1s lead down the middle & back  
25-32 1s+2s dance Allemande (1s ending in the centre in double triangle pstns)  
33-40 1s dance Double Triangles

**THE MAIDS OF CURRIE (R8x32) 3C (4C set)**

H&amp;T Cruickshank SCDs for Children

- 1-8 1s dance Fig of 8 round 2s+3s (own sides) giving RSh to 2s  
9-16 1s+2s Adv+Ret & dance RH across  
17-24 1s followed by 2s lead down & 2s lead back followed by 1s end facing 1<sup>st</sup> corners  
25-32 1s turn 1<sup>st</sup> corners RH, partner LH, 2<sup>nd</sup> corner RH & cross LH to 2<sup>nd</sup> place own sides

**OUT OF THIN AIR (S3x32) 3C set**S Porter RSCDS 3<sup>rd</sup> Graded Bk

- 1-8 1s set, cross RH, cast, and turn LH to face 1<sup>st</sup> corners  
9-16 1s turn corner, partner, corner, partner and end in middle on own side facing up  
17-24 1s dance up between 2s, cast, dance down between 3s, and cast up  
25-32 1s+3s dance tourné

**CAPTAIN WHITE (J8x32) 2C (4C set)**

MMM 1

- 1-8 1s+2s Adv+Ret, circle 4H round to left ½ way  
9-16 2s+1s repeat back to places  
17-24 1M+2L turn RH, 1L+2M turn RH  
25-32 1s+2s dance Pousette.

**FIDGET (R8x32) 3C (4C set)**

Button &amp; Whittaker RSCDS Bk 16

- 1-8 1s facing 2s set & change places RH & repeat back to places LH  
9-16 1s+2s+3s Promenade (1s+2s remain in centre of dance)  
17-24 1s+2s dance Pousette (1s end in double triangle position)  
25-32 2s+1s+3s dance Double Triangles

**AUTUMN IN APPIN (S4x32) 4C set 3s & 4s on opp sides**

J Drewry RSCDS Bk 31

- 1-8 2s+3s Petronella turn into centre & set to partner (Men BtoB), 2s+3s ¾ turn partner RH & dance RH across ½ way to change places & end with other partner in prom hold (2M+3L facing Men's side & 3M+2L facing Ladies side)  
9-10 1s & 4s Petronella turn into centre **while** 2M+3L dance out & up on Men's side & 3M+2L dance out & down on Ladies side  
11-12 1s & 4s set to partner **while** 2M+3L/3M+2L cross to other side passing between 'gates' (1s & 4s)  
13-14 1s & 4s ½ turn RH into prom hold (1s facing Ladies side & 4s facing Men's side) **while** 2M+3L/3M+2L dance down/up sides  
15-16 All Promenade cl'wise 1 pl to end in square set (1s on Ladies side facing 4s on Men's side, 2M+3L in 4<sup>th</sup> pl face up **as** 3M+2L in 1<sup>st</sup> pl face down)  
17-24 1s+4s dance ½ Ladies Chain, 2s+3s dance ½ Men's Chain (2s & 3s ending with Lady on Mans left)  
25-32 All set in square set & circle 8H round to left, dance into centre, turn right & spiral out to own side lines ending 2 4 (1)(3)

**SHOULDER TO SHOULDER (J8x40) 2C (4C set)**

MMM 2

- 1-8 1s turn RH, turn LH
- 9-16 1s lead down the middle & back to top & 1s+2s form line up/down centre with Men BtoB
- 17-24 1s+2s set twice & turn partners 2H
- 25-32 1s+2s dance reel of 4 up/down middle
- 33-40 1s+2s dance Poussette.

**THE COLLEGE HORNPIPE (R8x32) 3C (4C set)**

Boag RSCDS Bk 20

- 1-8 1s+2s+3s circle 6H round & back
- 9-16 1s+2s+3s Promenade
- 17-24 1s cross RH, cast to 2<sup>nd</sup> place, cross LH, cast to 3<sup>rd</sup> place & lead up to face 1<sup>st</sup> corners
- 25-32 1s dance 'Hello-Goodbye' setting ending with a clap & petronella turn to 2<sup>nd</sup> places

**THE SKIRRID STRATHSPEY (S1x96) Sq. Set**

A Holden Leaflet

- 1-8 All set to partner,  $\frac{3}{4}$  turn RH to face CW in promenade hold, promenade halfway round set
- 9-16 Ladies cast round partners, couples continue promenade through original places into lines facing (1s+4s at the top and 3s+2s at the bottom)
- 17-24 All dance Glasgow Highlander setting step, 1s+2s and 4s+3s dance  $\frac{1}{2}$  R&L
- 25-32 Repeat bars 17-24, end in lines facing partner
- 1-8 1s+4s and 3s+2s dance LSh reels of 4
- 9-16 1s+2s and 4s+3s dance ladies' chain
- 17-24 1s+2s and 4s+3s circle 4H once round to left in 3 bars and open to circle 8H round to left to finish in original places in the square
- 25-32 All dance interlocking reels of 4 giving RSh to partner to begin and finish with ladies back to back in center facing partner
- 1-8 All set to partner,  $\frac{1}{2}$  turn RH to face CCW in promenade hold, promenade halfway round set
- 9-16 Men cast round partners, couples continue promenade to original places
- 17-24 Men dance LH across, ladies dance RH across
- 25-32 Circle 8H round and back

**THE SNAKE PASS (J8x32) 3C (4C set)**

N Churnside Life begins at 40

- 1-8 1s+2s dance  $\frac{1}{2}$  R&L, 1s+3s dance  $\frac{1}{2}$  R&L
- 9-16 1s cross RH, cast up to 2<sup>nd</sup> place & dance  $\frac{1}{2}$  Figs of 8 round 3s to end facing 1<sup>st</sup> corner pstns
- 17-24 1s dance  $\frac{1}{2}$  reels of 4 with 1<sup>st</sup> corners &  $\frac{1}{2}$  reels with 2<sup>nd</sup> corners ending with LH turn to face up/down
- 25-32 1s dance the Snake:- 1s dance RH across (1L with 3s & 1M with 2s), 1L followed by 3s **also** 1M followed by 2s pass LSh diagonally across to change ends & loop round to left to end in 2<sup>nd</sup> place. 2 1 3

**THE DANCING MAN (R8x32) 3C (4C set)**

R Goldring 10 Social Dances

- 1-8 1s & 2s turn RH once round & dance RH across once round
- 9-16 1s+2s+3s dance parallel RSh reels of 3 on own sides 1s continue reels & loop round at top to 2M facing 1M & 2L facing 1L (1M+2L BtoB in the middle)
- 17-24 1s+2s dance reel of 4 across 1s end in 2<sup>nd</sup> places
- 25-32 2s+1s+3s circle 6H round & back

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Kiss Under the Stairs	Fidget
Old Man of Storr	Autumn in Appin
The Golden Years	Shoulder to Shoulder
The Express	College Hornpipe
The Maids of Currie	Skirrid Strathspey
Out of Thin Air	Snake Pass
Captain White	The Dancing Man

Kiss Under the Stairs

(2)	32J3
1-8	Cpl 1 sets and casts while the 2s step up. Cpls 1 and 3 circle once round to lft.
9-16	Cpl 1 sets and casts up while the 2s step down. Cpls 1 and 2 circle once round to the lft.
17-24	Cpl 1 leads down for 2, up for 2, casts to 2 <sup>nd</sup> , and turns by rt to end facing down. Cpl 2 step up on bars 21-22.
25-32	Cpl 1 leads down between 3s and cast up to 2 <sup>nd</sup> . Cpls 2, 1, 3 turn by rt.

Old Man of Storr

(2)	32R3
1-4	Cpls 1 and 2 dance rt hands across once round. W1 finishes facing out.
5-8	W1 casts one place and crosses over to men's side, while M1 follows prtner to finish in 2 <sup>nd</sup> place on ladies' side, 2s step up on bars 7-8.
9-12	Cpls 1 and 3 dance lft hands across once round. W1 finishes facing out.
13-16	W1 casts one place and crosses over to ladies' side, while M1 follows prtner to finish in 3 <sup>d</sup> place on own sides. 3S step up on bars 15-16.
17-24	Cpl 1 set, dance up to top, and cast to 2 <sup>nd</sup> . 3s step down on bars 21-22.
25-32	Cpls 2 and 1 dance rts and lfts.

The Golden Years

(2)	32S3
1-8	1s cross by rt and cast as the 2s step up. 1s turn by rt while 2s and 3s set and turn 1/2 by rt, all end in allemande hold facing down.
9-16	2s, 1s, and 3s dance allemande to finish 3, 1, 2 on opp sides.
17-24	3s, 1s, and 2s set and link to finish in lines across and turn opp dancer with both hands once round.
25-32	All set and link again to finish on own sides and all turn prtner with both hands once round.

The Express

(3)	40J3
1-8	Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on opp sides.
9-16	Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on own sides.
17-24	Cpl 1 lead down the middle and up again.
25-32	Cpls 1 and 2 dance allemande, cpl 1 end back to back facing own sides.
33-40	1s dance double triangles.

The Maids of Currie

(3)	32R3
1-8	Cpl 1 dances parallel fig 8s on sides.
9-16	Cpls 1 and 2 advance and retire and dance rt hands across once round.
17-24	Cpl 1 followed by 2s lead down the middle, then cpl 2 followed by 1s lead up to end with 2s at the top and cpl 1 facing 1 <sup>st</sup> crnrs.
25-32	Cpl 1 turn crnr, prtner, crnr, prtner.

Out of Thin Air

(3)	32S3
1-8	1s set, cross by rt, cast as the 2s step up, and turn by lft to face 1 <sup>st</sup> crnrs.
9-16	1s dance crnr, prtner, crnr, prtner to finish in the middle on own side facing up.
17-24	1s dance up between the 2s, cast, dance down between the 3s and cast up to 2 <sup>nd</sup> on own sides.
25-32	1s and 3s dance the tourn�e.

Captain White

(2)	32J2
1-8	Cpls 1 and 2 advance and retire, circle lft halfway.
9-16	Cpls 1 and 2 repeat bars 1-8 to place.
17-20	M1 and W2 turn by rt.
21-24	W1 and M2 turn by rt.
25-32	Cpls 1 and 2 poussette.

Fidget

(3)	32R3
1-8	Cpls 1 and 2 face up and down; set and change by rt, set and change by lft.
9-16	Cpls 1, 2, 3 dance promenade, cpl 1 and 2 end in middle.
17-24	Cpls 1 and 2 dance poussette, cpl 1 end back to back facing own lines.
25-32	1s double triangles.

Autumn in Appin

(4)	32S4
1-4	(2 <sup>nd</sup> chord 3s and 4s change sides) Cpls 2 and 3 dance a petronella turn and set to prtner.
5-8	Cpls 2 and 3 turn 3/4 by rt and dance rt hands across halfway to finish M2 with W3 in promenade hold facing out men's side and M3 with W2 in promenade hold facing out women's side.
9-14	Cpls 1 and 4 dance a petronella turn, set to prtner, and turn 1/2 by rt. Finish in promenade hold, 1s at top facing women's side and 4s at bottom facing men's side. M2 with W3 and M3 with W2 dance out the sides, between the 1s and 4s, and to the opp side.
15-16	All promenade CW one position.
17-20	Now in a square, cpls 1 and 4 dance half ladies' chain across the dance.
21-24	Cpls 2 and 3 dance half men's chain up and down the dance turning prtner once round to end M on prtner's rt.
25-26	All set facing the center.
27-32	All dance 6 hands round to the lft. On bar 30 all dance in and pull back rt shldr to face out and spiral to sides into progressed places 2, 4, 1, 3.

Shoulder to Shoulder

(3)	40J2
1-8	1s turn by rt and turn by lft.
9-16	1s lead down and up to finish in center facing with W1 above M1. 2s step in to face with M2 above W2.
17-24	1s and 2s set twice and turn prtner with both hands.
25-32	1s and 2s dance a reel of 4 and end ready for poussette.
33-40	1s and 2s dance poussette.

### The College Hornpipe

- (3) 32R3  
1-8 Cpls 1, 2, 3 circle round and back again.  
9-16 Cpls 1, 2, 3 dance promenade.  
17-24 Cpl 1 cross by rt, cast, cross by lft, cast, lead up middle to face 1<sup>st</sup> cnrns.  
25-32 Cpl 1 dance 6 bars of hello and goodbye setting, then clap and turn into place.

### Skirrid Strathspey

- (4) 96S4 square  
1-8 All set to prtnr, turn  $\frac{3}{4}$  by rt to face CW, promenade halfway round the set.  
9-12 Ladies cast by rt around prttrs.  
13-16 Cpls continue promenade through original places into lines across the set (sides speed up and follow heads into line).  
17-24 All dance Glasgow Highlander setting step and dance  $\frac{1}{2}$  rts and lfts.  
25-32 Repeat bars 17-24.  
1-8 Cpls dance lft shldr reel of 4.  
9-16 Cpls dance ladies chain on ends with opposites.  
17-24 1s with 2s and 3s with 4s circle 4 hands round for 3 bars and open out to circle 8 hands round for 5 bars to end in place.  
25-32 Cpls dance interlocking reels of 4 to end ladies in center back to back facing prtnr. Pass prtnr by rt shldr to begin.  
1-8 All set to prtnr, turn  $\frac{1}{2}$  by rt to face CCW, promenade halfway round the set.  
9-12 Men cast by lft around prttrs.  
13-16 Cpls continue promenade to place.  
17-20 Men dance lft hands across.  
21-24 Ladies dance rt hands across.  
25-32 Circle 8 hands round and back.

### Snake Pass

- (3) 32J3  
1-4 Cpls 1 and 2 dance half rts and lfts.  
5-8 Cpls 1 and 3 dance half rts and lfts.  
9-16 Cpl 1 cross rt, cast up to 2<sup>nd</sup> place and dance  $\frac{1}{2}$  fig 8 round 3s to end facing 1<sup>st</sup> cnrn positions.  
17-24 Cpl 1 dance half reels of 4 with 1<sup>st</sup> cnrns, half reels of 4 with 2<sup>nd</sup> cnrns, turn  $\frac{1}{2}$  by lft ready for.  
25-28 Cpl 1 dance rt hands across (W with top cpl & M with cpl in 3<sup>rd</sup> place).  
29-32 Cpl 1 (with cnrns following) pass left shldrs to change ends and loop round to end in 2<sup>nd</sup> place.

### The Dancing Man

- (3) 32R3  
1-8 1s and 2s turn by rt and dance rt hands across once round.  
9-16 1s, 2s, and 3s dance reels of 3 on own sides. 1s and 2s pass rt shldr to begin and continue reel to finish in a line across the dance.  
17-24 1s and 2s dance reel of 4 across the dance and end progressed.  
25-32 2s, 1s, and 3s circle 6 hands round and back.



Address 17250 Jackson Creek Pkwy  
Monument, CO 80132

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