Scottish Country Dancers of Colorado

December Regional Dance

Saturday, December 12, 2015 • 2:30 pm to 5:30 pm Sodal Hall in the Avalon • 6185 Arapahoe, Boulder CO

\$5.00 SCD members • \$6.00 non-members Students through high school half price.

	Program			
Crom Allt	8x32R3	(2)	Graded 3-4	
Milton's Welcome	8x32R3	(3)	33-8	
Silver Strathspey	8x3253	(3)	44-3	
Flora's Fancy	8x32J3	(3)	49-8	
Glenalmond Gamekeeper	8x40R3	(3)	Drewry, Bankhead 6	
Rundumadum	3x3253	(3)	49-7	
Abbot of Unreason	8x32J3	(3)	Levy, Tin Woodman	
Tap the Barrel	6x32R3	(2)	Graded 3-1	
Old and Dangerous	8x3252	(4)	Thomas, Leaflet	
The Bus Pass	8x32J3	(3)	T Meadley, Leaflet	
Golden Wedding Birls	4x48R4	(3)	C Meadley, Leaflet	
Aging Gracefully	8x3253	(3)	47-4	
Gothenburg's Welcome	8x32J3	(3)	37-3	
Orpington Caledonians	8x32R3	(3)	49-2	

Give yourself an early present and join us at the December Regional dance. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm. Besides, I know you're still working on those Thanksgiving calories, and this a great way to eliminate the effects.

CROM ALLT (The Crooked Burn) (R8x32) 3C (4C set)

R Goldring RSCDS Graded 3

- 1s dance reels of 3 on own sides (in & down to start) 1-8
- 1s+2s turn on sides 1.1/2 times (Men RH & Ladies LH), 1s dance between 3s & cast up to 2nd place on own sides 9-16
- 1s+1st corners Adv+Ret, 1s+1st corners turn RH 1s+2nd corners Adv+Ret, 1s+2nd corners turn LH 17-24
- 25-32

MILTON'S WELCOME (R8x32) 3C (4C set)

J Bayly RSCDS Bk 33

- 1-8 1s+2s+3s set, cross RH, 1s+2s+3s set & 1s+3s 3/4 turn RH (to form line up & down centre) as 2s cross RH to original places
- 9-16 1s+3s dance reel of 4 in centre of dance end with 1L+3M taking LH as partners end on sides
- 17-24 1L+3M 3/4 turn LH to face own sides, dance out & cast behind 2s to original places, 1s+2s+3s turn LH
- 25-32 1s+2s dance Poussette, 2 1 3

THE SILVER STRATHSPEY (S8x32) 3C (4C Set)

M Stacey RSCDS Bk 44

- 1s set, cast 1 place, 2s+1s+3s set & circle 6H round to left 1/2 way 1-8
- 1s cross RH, cast right into centre while 2s+3s set (facing diagonally in) & dance RH across 1/2 way 9-12
- 1s cross up/down RH & cast right to 2nd place own side while 2s+3s set & dance RH across 1/2 way 13-16 17-24 1s dance 1/2 reels of 3 across (1M with 3s at top & 1L with 2s) & 1s turn 2H 1.1/2 times
- 25-32 3s+1s+2s dance the Knot

FLORA'S FANCY (J8x32) 3C (4C set)

K Oftedahl RSCDS BK 49

- 1- 8 1s set, cast (2s step up) and 1L with 2s & 1M with 3s dance RH across to end in the middle 1M behind 1L facing up
- 1s with 2s dance RSh tandem reel of 3 across passing 2L to begin and end in 2nd place on own side 9-16
- 1s set, turn RH ¾ and 1L with 2s & 1M with 3s dance LH across to end in the middle 1L behind 1M facing down 17-24
- 1s with 3s dance RSh tandem reel of 3 across passing 3M to begin and end in 2nd place on own side 25-32

THE GLENALMOND GAMEKEEPER (R8x40) 3C (4C set)

J Drewry Bankhead Bk 6

- 1s cross dance to dance reflection reels of 3 on opposite sides with 1s & 3s ending in centre facing down/up
- 9-16 1s+3s dance Ladies Chain ending with 1M facing Ladies side & 3M facing Men's side with partners behind them
- 17-24 1M also 3M (followed by ptnrs & cast to start) dance a Fig of 8 round standing 2s passing firstly LSh in middle & then RSh to end
- 25-32 1s+2s+3s circle 6H round & back
- 1s+2s set & dance 3/4 double Fig of 8 (1s cast to start) with 1s ending in 2nd place 33-40

RUNDUMADUM (S3x32) 3C set

H Scmidt RSCDS Bk 49

- 1-8 1s dance toward each other, cast (2s step up), and turn RH
- 1s set advancing passing LSh to face 1st corners while 2s+3s set diagonally, 1s turn 1st corners with BH to end 1L between 2s and 9-16 1M between 3s while 2nd corners set, 1s+2s+3s circle 6H once round to the left
- 1s set advancing passing LSh to face 2nd corners while 2s+3s set diagonally, 1s turn 2nd corners with BH to end in 2nd place on opp 17-24 sides while 1st corners set, 1s+2s+3s circle 6H once round to the left
- 25-32 2s+1s+3s dance Circulating Knot to end 3 1 2

THE ABBOT OF UNREASON (J8x32) 3C (4C set)

M Levy Tin Woodman

- 1s dance down, 1L dances under 1M arm as he dances round below her & dance up to 2nd place BtoB in the middle facing 1-8 opposite sides
- 1s set (**as** in Double Triangles), turn 1st corner RH, set again in Double Triangles & turn 2nd corners LH 9-16
- 1s reel of 3 on the sides giving RSh to 1st corners & cross to 2nd place own sides 17-24
- 25-32 All set 1 (PdB on R foot) & circle 6H round to left, all set (PdB on L foot) & circle 6H round to right

TAP THE BARREL (R3x32) 3C set

S Burridge RSCDS Graded 3

- 1-8 1L+3M change places RH, 1M +3L change places RH, 2s cross RH & all 1/2 turn into Allemande hold
- 9-16 All dance Allemande
- 1s set & cast 1 place, 3s set & cast up 1 place 17-24
- 25-32 All circle 6H round & back

OLD AND DANGEROUS (S8x32) 2C (4c set)

G Thomas

- 1s+2s set, 1L cast down and 2M cast up while 1M+2L pass LSh to face partner, ½ reel of 4 on the 1st diagonal 1-8
- 9-16 Revolving Chain -
 - 9-10 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now up and down the set)
 - 11-12 1M+2M and 2L+1L change RH, 2M and 1L dance CW while 1M+2L change LH (line is now on 2nd diagonal)
 - 13-14 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now across the set)
 - 15-16 1M+2M and 1L+2L turn RH 3/4 to progress (1M and 2L remain facing out)
- 17-24 1M cast up and 2L cast down, dance BtoB, and set while 1L and 2M dance BtoB and set twice advancing (past retiring dancer and past each other) to face partner
- 1s+2s turn BH, dance 1/2 poussette, and set 25-32

THE BUS PASS (J8x32) 3C (4C set)

T Meadley

- 1M+2M+3M dance across the top and behind the ladies 1-4
- 5-8 Men cast round 3L and dance up the middle while 1L+2L+3L set advancing with near hands joined and turn right about to face up taking partners in promenade hold
- 1s+2s+3s promenade, 1s cast to end in the middle LSh to LSh facing opposite sides as the 2s dance to the top 9-16
- 1L with 2s and 1M with 3s dance RH across, 1L followed by 2s and 1M followed by 3s dance snake pass 17-24
- 25-32 1s turn LH to face out own side, dance LSh ½ reels of 3 on own sides

GOLDEN WEDDING BIRLS (R4x48) 4C set

C Meadley

- 1-8
- 9-12
- 1M+2M and 1L+2L turn RH 1½, 1s+3s dance LH across
 1s birl/turn RH to end facing 1st corner
 1s dance RSh reel of 4 with 1st corners and give right hands instead of passing LSh to finish in the middle 13-20
- 1s birl/turn RH to end facing 2nd corners 21-24
- 1s dance RSh reel of 4 with 2nd corners and finish facing down on own side 25-32
- 1s set to 3s, cross down to 3rd place to face 4s as 3s dance up to 2rd, 1s set to 4s, cross down to 4th place as 4s dance up to 3rd 33-40
- 4s+1s dance LH across, 2s+3s+4s+1s birl/turn RH 41-48

AGING GRACEFULLY (S8x32) 3C (4C set)

C Bromann RSCDS Bk 47

- 1s+2s+3s set to partners & turn 2H twice round & set to partners again 1-8
- 1L+2M set advancing & turn 2H, 1L+2M pass by right to each other's place & set 9-16
- 17-24 1M+2L repeat bars 9-16
- 25-32 2s cross down to dance reels of 3 on own sides, 1s crossing up on last 2 bars 2 1 3

GOTHENBURG'S WELCOME (J8x32) 3C (4C set)

B Munro RSCDS Bk 37

- 1-4 1s cast 1 place & set advancing to 1st corner
- 1s Dance to Each Corner & Set: -5-16
 - `5-61s change places with 1st corners passing RSh & 1st corners pass RSh with a 1/4 turn to right in centre to face 2nd corners (as
 - 2nd corners set),
 7-8 Original 1st crnrs change places with 2nd crnrs passing RSh & 2nd crnrs pass RSh with a 1/4 turn to right to face 1s in 3rd crnr (pstn) as 1s set
 - 9-10 Original 2nd corners change places with 1s passing RSh & 1s pass RSh with a 1/4 turn to right to face 2nd corner (pstn) **as**
 - 11-16 Repeat this Fig once more until 1s end in centre facing 3rd corner positions with 3s & 2s in 1st & 3rd places opposite sides
- 1s dance ½ diagonal reel of 4 with 3rd corner & ½ diagonal reel with 4th corners 17-24
- 25-32 1s dance RH hands across (L with 2s & M with 3s) & 2s+1s+3s turn RH

ORPINGTON CALEDONIANS (R8x32) 3C (4C set)

J Brenchley RSCDS Bk 49

- 1s set, 1L followed by 1M casts and dances across the set to 2nd place facing out (2s step up on 5-6), 1L+3M and 1M+3L turn LH 1-8 halfway to finish 1M and 3M facing out
- 9-16 3s+1s dance Ladies' Chain, 1M finish facing out
- 17-24 1M followed by 1L casts up and dances across the set to 2nd place facing out (3s step down), 2s+1s dance RH across to end 1M and 2L facing out
- 2s+1s+3s dance LSh reel of 3 on the sides 25-32

	December Regional		Glenalmond Gamekeeper
Crom Allt	Tap the Barrel	(3) 1-8	40R3 Cpl 1 dance mirror reels of 3 on opp sides. 1s
Milton's V	•	1-0	and 3s finish slightly in from the sides.
Silver Str	, ,	9-16	Cpls 1 and 3 dance ladies' chain. Cpl 1 finish
Flora's Fa	ancy Golden Wedding Birls and Gamekeeper Aging Gracefully		W1 behind M1 facing ladies' side and cpl 3 finish W3 behind M3 facing the men's side.
Runduma	adum Gothenburg's Welcome	17-24	Cpls 1 and 3 dance tandem figures of 8 round
Abbot of	Unreason Orpington Caledonians		the 2s to finish in the middle at the top and bottom.
		25-32	Circle 6 hands round and back to finish on the
	Crom Allt	33-40	sidelines with 1s on opp sides. Cpls 1 and 2 set to prtnr and dance 3/4 of a
(2)	32R3	00 10	double fig 8, 1s casting to begin.
1-8	Cpls 1, 2, 3 dance mirror reels of 3 on the sides, 1s dancing in and down to begin.		
9-16	Cpl 1 and cpl 2 dance butterfly turns 1½. Cpl 1		
	dance down between 3s and cast up to 2 nd on own side.	(2)	Rundumadum 32S3
17-24	Cpl 1 and 1 st crnrs advance and retire and turn	(3) 1-8	Cpl 1 cast for 4 bars while the 2s step up, and
05.00	by rt.	0.40	turn by rt.
25-32	Cpl 1 and 2 nd crnrs advance and retire and turn by lft.	9-12	Cpl 1 set advancing passing lft shldrs while crnrs set diagonally, 1s turn 1 st crnrs with both
	•		hands to finish W1 between 2s and M1 between
		13-16	3s while 2 nd crnrs continue to set. All circle once round to the lft.
(0)	Milton's Welcome	17-20	Cpl 1 set advancing passing lft shldrs while
(3) 1-8	32R3 Cpls 1, 2, 3 set, cross by rt, set, cpls 1 and 3		crnrs set diagonally, 1s turn 2 nd crnrs with both hands to finish in 2 nd on opp sides while 1 st crnrs
	turn ¾ by rt while 2s cross by rt.		continue to set.
9-16	Cpls 1 and 3 dance reel of 4. M1 and W3 end in original places, while M3 and W1 begin a turn	21-24 25-32	All circle once round to the lft. Cpls 2, 1, 3 dance a circulating knot.
	by lft.		
17-20	M3 and W1 finish the turn, dance out their own sides and cast to original places.		
21-24	Cpls 1, 2, 3 turn by lft. 3S end in own places		The Abbot of Unreason
25-32	while cpls 1 and 2 end ready for poussette. Cpls 1 and 2 dance poussette.	(3)	32J3
20 02		1-4	Cpl 1 dances down the middle, 2s step up on
		5-8	bars 3-4. W1 dances under the arm of M1 as he dances
	Silver Strathspey		below her, and they dance up to finish back to
(3) 1-4	32S3 1s set and cast as the 2s step up.	9-16	back in 2 nd place facing opp sides. Cpls 2, 1, 3 set as in double triangles, 1s turn 1 st
5-8	2s, 1s, 3s set and circle lft halfway to finish on		crnr by rt, cpls 2, 1, 3 set as in double triangles,
9-12	opp sides with 3s and 2s facing in diagonally. 1s cross by rt and cast rt to end W1 between	17-24	and 1s turn 2 nd crnr by lft. Cpl 2, 1, 3 dance reels of 3 on the sides. Cpl 1
0	the 3s and M1 between the 2s, while 3s and 2s		give rt shldr to 1st crnrs to begin and cross back
13-16	set and dance rt hands across halfway to place. 1s change by rt and cast rt to 2 nd place on own		from 2 nd crnr position to own side in 2 nd place on bars 23-24.
10 10	sides, while 2s and 3s set and dance rt hands	25-32	All set rt and circle lft and set lft and circle rt.
	across halfway to end 3s at the top and 2s at the bottom on opp sides.		
17-20	1s dance ½ rt shidr reels of 3 across the dance,		
21-24	W1 with the 2s and M1 with the 3s. 1s turn 1½ by rt.	(2)	<u>Tap the Barrel</u> 32R3
25-32	3s, 1s, 2s dance the knot.	1-8	W1 and M3 change by rt. M1 and W3 change
			by rt. Cpl 2 crosses by rt. All turn by rt halfway into allemande hold.
		9-16	Cpls 3, 2, 1 dance allemande.
(2)	Flora's Fancy 32J3	17-24	Cpl 1 sets and casts to 2 nd place as 2s step up. Cpl 3 sets and casts up to 2 nd place as the 1s
(3) 1-8	Cpl 1 set, cast, and dance rt hands across lady		step down.
	up and man down to finish in the middle, M1	25-32	Circle 6 hands round and back.
9-16	behind W1, facing up. Cpl 1 dance rt shidr tandem reel of 3 across the		
17-24	dance with the 2s to end on own side.		
11-24	Cpl 1 set, turn 3/4 by rt, and dance lft hands across lady up and man down to finish in		
25-32	middle, W1 behind M1 facing down. Cpl 1 dance rt shldr tandem reel of 3 across the		
25-02	dance with the 3s to end on own side.		

440	Old and Dangerous	(0)		Aging Gracefully
(4) 1-4	32S2 Cpls1 and 2 set, W1 cast down and M2 cast up while M1 and W2 pass lft shldrs to face prtnr on	(3) 1-8		32S3 1s, 2s, 3s set, turn twice with both hands, and set.
5-8 9-10	the 1st diagonal. Cpls 1 and 2 dance ½ reel of 4. Cpls 1 and 2 change by rt with prtnr, M1 and	9-16	; \ }	w1 and M2 set advancing, turn with both nands, pass rt shidr to dance into each other's place, and set.
9-10	W2 dance CW while W1 and M2 turn by Ift to finish in a line up and down the set.	17-2 25-3	4 1	M1 and W2 repeat bars 9-16. 2s, 1s, 3s dance reels of 3 on the sides; 2s
11-12	M1 with M2 and W1 with W2 change by rt, M2 and W1 dance CW while M1 and W2 turn by Ift to finish in a line on the 2 nd diagonal.		6	crossing down to own side and 1s dancing out and up to begin. 1s cross up to 2 nd place on own side on at the end of the reel.
13-14	Cpls 1 and 2 change by rt with prtnr, M1 and W2 dance CW while W1 and M2 turn by Ift to finish in a line across the set.			
15-16	M1 with M2 and W1 with W2 turn ¾ by rt to end			Gothenburg's Welcome
17-24	progressed with M1 and W2 facing out. M1 casts up and W2 casts down, dance back to	(4) 1-4	($32J3$ Cpl 1 cast to 2^{nd} and dance pas de basque to
	back, and set; while W1 and M2 dance back to back, set twice advancing past retiring person	5-16		inish back to back facing 1 st crnrs. Dance to crnr and set. Finish with 3s in 1 st
05.00	and each other to face prtnrs.		ŗ	place on opp sides, 2s in 3rd place on opp
25-32	Cpls 1 and 2 turn prtnrs with both hands, dance ½ poussette, and set on the sides.	17-2	0 (sides, and 1s facing 1 st crnrs on opp sides. Cpl 1 dance ½ reel of 4 with 1 st crnrs, pass by rt o face 2 nd crnrs.
		21-2		Cpl 1 dance ½ reel of 4 with 2 nd crnrs, end in middle lft shldr to lft shldr facing opp sides.
(0)	The Bus Pass	25-2	-	W1 and M1 dance rt hands across at top and
(3) 1-4	Men dance across the top and behind the	29-3		pottom, end on the sides. Cpls 2, 1, 3 turn by rt.
5-8	ladies' line. Men dance below the ladies and up the middle of the set, while the ladies join hands to set advancing and turn rt about to face up joining			Orpington Caledonians
	hands with prtnr in promenade hold.	(3)		32R3
9-16	All dance promenade. 1s cast to 2 nd as the 2s dance to the top. 1s finish lft shldr to lft shldr facing opp sides.	1-8	8	Cpl 1 set, W1 followed by M1 cast and dance across the set to face out in 2 nd place (2s step up on bars 5-6). Cpl 1 and cpl 3 turn ½ by Ift to
17-20	1s dance rt hands across, lady up man down, to	0.40		inish with M1 and M3 facing out.
21-24	finish as they started. All dance a snake pass to change ends.	9-16		Cpl 3 and 1 dance ladies' chain. M1 stays acing out.
25-28 29-32	1s turn by lft to face out in 2 nd place. 1s dance1/2 lft shldr reels of 3 on own sides.	17-2	4 N t k	M1 followed by W1 casts up and dances across he set to face out in 2 nd place (3s step down on pars 19-20). Cpl 2 and 1 dance rt hands across
		25-3		o end M1 and W2 facing out. Cpls 2, 1, 3 dance lft shldr reels of 3 on the
(=)	Golden Wedding Birls		5	ides.
(3) 1-4	48R4 M1 with M2 and W1 with W2 turn 1½ by rt to change places.			
5-8	1s dance Ift hands across with the 3s.			
9-12 13-20	1s birl/turn by the rt to finish facing 1 st crnrs. 1s dance reel of 4 with 1st crnrs.			
21-24	1s birl/turn by the rt to finish facing 2 nd crnrs.			
25-32	1s dance reel of 4 with 2 nd crnrs.			
33-36	Facing down, 1s set to the 3s and cross down to 3 rd as the 3s dance up.			
37-40	1s set to the 4s and cross down to 4 th as the 4s			

41-44 45-48

dance up.

All birl/turn by the rt.

1s and 4s dance Ift hands across.