## Scottish Country Dancers of Colorado

## December Regional Dance

Saturday, December 12, 2015 • 2:30 pm to 5:30 pm Sodal Hall in the Avalon • 6185 Arapahoe, Boulder CO
$\$ 5.00$ SCD members • $\$ 6.00$ non-members Students through high school half price.

Crom All $\dagger$
Milton's Welcome
Silver Strathspey
Flora's Fancy
Glenalmond Gamekeeper
Rundumadum
Abbot of Unreason
Tap the Barrel
Old and Dangerous
The Bus Pass
Golden Wedding Birls
Aging Gracefully Gothenburg's Welcome
Orpington Caledonians

Program
$8 \times 32$ R3 (2) Graded 3-4
$8 \times 32$ R3 (3) $33-8$
$8 \times 3253$ (3) 44-3
$8 \times 32 \mathrm{~J} 3$ (3) 49-8
$8 \times 40$ R3 (3) Drewry, Bankhead 6
$3 \times 32 \mathrm{~S} 3$ (3) 49-7
$8 \times 32 \mathrm{~J} 3$ (3) Levy, Tin Woodman
6x32R3 (2) Graded 3-1
$8 \times 32$ S2 (4) Thomas, Leaflet
$8 \times 32 \mathrm{~J} 3$ (3) TMeadley, Leaflet
$4 \times 48$ R4 (3) C Meadley, Leaflet
$8 \times 3253$ (3) 47-4
$8 \times 32 \mathrm{~J} 3$ (3) $37-3$
$8 \times 32$ R3 (3) 49-2

Give yourself an early present and join us at the December Regional dance. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm. Besides, I know you're still working on those Thanksgiving calories, and this a great way to eliminate the effects.

1-8 1s dance reels of 3 on own sides (in \& down to start)
9-16 $1 \mathrm{~s}+2 \mathrm{~s}$ turn on sides $1.1 / 2$ times (Men RH \& Ladies LH), 1 s dance between 3 s \& cast up to $2^{\text {nd }}$ place on own sides
17-24 $1 \mathrm{~s}+1^{\text {st }}$ corners Adv+Ret, $1 \mathrm{~s}+1^{\text {st }}$ corners turn RH
25-32 $1 \mathrm{~s}+2^{\text {nd }}$ corners Adv + Ret, $1 \mathrm{~s}+2^{\text {nd }}$ corners turn LH

MILTON'S WELCOME (R8x32) 3C (4C set)
J Bayly RSCDS Bk 33
1-8 $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ set, cross RH, $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ set \& $1 \mathrm{~s}+3 \mathrm{~s} 3 / 4$ turn RH (to form line up \& down centre) as 2 s cross RH to original places
9-16 $1 \mathrm{~s}+3 \mathrm{~s}$ dance reel of 4 in centre of dance end with $1 \mathrm{~L}+3 \mathrm{M}$ taking LH as partners end on sides
17-24 $\quad 1 \mathrm{~L}+3 \mathrm{M} 3 / 4$ turn LH to face own sides, dance out $\&$ cast behind 2 s to original places, $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ turn LH
25-32 1s+2s dance Poussette. 213

## THE SILVER STRATHSPEY (S8x32) 3C (4C Set)

M Stacey RSCDS Bk 44
1-8 1 s set, cast 1 place, $2 s+1 s+3$ s set $\&$ circle $6 H$ round to left $1 / 2$ way
9-12 1 s cross RH, cast right into centre while $2 \mathrm{~s}+3$ s set (facing diagonally in) \& dance RH across $1 / 2$ way
13-16 1s cross up/down RH \& cast right to $2^{\text {nd }}$ place own side while $2 s+3 s$ set \& dance RH across $1 / 2$ way
17-24 1 s dance $1 / 2$ reels of 3 across ( 1 M with 3 s at top \& 1 L with 2 s ) \& 1 s turn $2 \mathrm{H} 1.1 / 2$ times
25-32 $3 s+1 s+2 s$ dance the Knot

## FLORA'S FANCY (J8x32) 3C (4C set)

K Oftedahl RSCDS BK 49
1-8 1s set, cast ( 2 s step up) and 1 L with 2 s \& 1 M with 3 s dance RH across to end in the middle 1 M behind 1 L facing up
9-16 1 s with 2 s dance RSh tandem reel of 3 across passing $2 L$ to begin and end in $2^{\text {nd }}$ place on own side
17-24 1s set, turn RH $3 / 4$ and 1 L with $2 \mathrm{~s} \& 1 \mathrm{M}$ with 3 s dance LH across to end in the middle 1 L behind 1 M facing down
25-32 1 s with 3 s dance RSh tandem reel of 3 across passing 3 M to begin and end in $2^{\text {nd }}$ place on own side

THE GLENALMOND GAMEKEEPER (R8x40) 3C (4C set)

## J Drewry Bankhead Bk 6

1-8 1 s cross dance to dance reflection reels of 3 on opposite sides with $1 \mathrm{~s} \& 3$ s ending in centre facing down/up
9-16 $1 \mathrm{~s}+3 \mathrm{~s}$ dance Ladies Chain ending with 1 M facing Ladies side \& 3 M facing Men's side with partners behind them
17-24 1 M also 3 M (followed by ptnrs \& cast to start) dance a Fig of 8 round standing 2 s passing firstly LSh in middle \& then RSh to end back in middle
25-32 $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ circle 6 H round $\&$ back
33-40 $1 \mathrm{~s}+2 \mathrm{~s}$ set $\&$ dance $3 / 4$ double Fig of 8 ( 1 s cast to start) with 1 s ending in $2^{\text {nd }}$ place

## RUNDUMADUM (S3x32) 3C set

H Scmidt RSCDS Bk 49
1-8 1s dance toward each other, cast (2s step up), and turn RH
9-16 1 s set advancing passing LSh to face $1^{\text {st }}$ corners while $2 \mathrm{~s}+3$ s set diagonally, 1 s turn $1^{\text {st }}$ corners with BH to end 1 L between 2 s and 1 M between 3 s while $2^{\text {nd }}$ corners set, $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ circle 6 H once round to the left
17-24 1s set advancing passing LSh to face $2^{\text {nd }}$ corners while $2 \mathrm{~s}+3$ s set diagonally, 1 s turn $2^{\text {nd }}$ corners with BH to end in $2^{\text {nd }}$ place on opp sides while $1^{\text {st }}$ corners set, $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ circle 6 H once round to the left
25-32 2s+1s+3s dance Circulating Knot to end 312

THE ABBOT OF UNREASON (J8x32) 3C (4C set)
M Levy Tin Woodman
1-8 1 s dance down, 1 L dances under 1 M arm as he dances round below her \& dance up to $2^{\text {nd }}$ place BtoB in the middle facing opposite sides
9-16 1s set (as in Double Triangles), turn $1^{\text {st }}$ corner RH, set again in Double Triangles \& turn $2^{\text {nd }}$ corners LH
17-24 1s reel of 3 on the sides giving RSh to $1^{\text {st }}$ corners \& cross to $2^{\text {nd }}$ place own sides
25-32 All set 1 (PdB on $R$ foot) \& circle 6 H round to left, all set (PdB on $L$ foot) \& circle 6 H round to right

## TAP THE BARREL (R3x32) 3C set

S Burridge RSCDS Graded 3

| $1-8$ | $1 L+3 M$ change places $R H, 1 M+3 L$ change places $R H, 2$ s cross $R H$ \& all $1 / 2$ turn into Allemande hold |
| :---: | :--- |
| $9-16$ | All dance Allemande |
| $17-24$ | 1s set \& cast 1 place, 3 s set \& cast up 1 place |
| $25-32$ | All circle $6 H$ round \& back |

```
OLD AND DANGEROUS (S8x32) 2C (4c set)
1-8 1s+2s set, 1L cast down and 2M cast up while 1M+2L pass LSh to face partner, 1/2 reel of 4 on the 1 }\mp@subsup{}{}{\mathrm{ st }}\mathrm{ diagonal
9-16 Revolving Chain -
    9-10 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now up and down the set)
    11-12 1M+2M and 2L+1L change RH, 2M and 1L dance CW while 1M+2L change LH (line is now on 2 ' diagonal)
    13-14 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now across the set)
    15-16 1M+2M and 1L+2L turn RH 3/4 to progress (1M and 2L remain facing out)
17-24 1M cast up and 2L cast down, dance BtoB, and set while 1L and 2M dance BtoB and set twice advancing (past retiring dancer and
        past each other) to face partner
25-32 1s+2s turn BH, dance 1/2 poussette, and set
```

THE BUS PASS (J8x32) 3C (4C set)
T Meadley
1-4 $\quad 1 M+2 M+3 M$ dance across the top and behind the ladies
5-8 Men cast round 3 L and dance up the middle while $1 \mathrm{~L}+2 \mathrm{~L}+3 \mathrm{~L}$ set advancing with near hands joined and turn right about to face up taking partners in promenade hold
9-16 $1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ promenade, 1 s cast to end in the middle LSh to LSh facing opposite sides as the 2 s dance to the top
17-24 1 L with 2 s and 1 M with 3 s dance RH across, 1 L followed by 2 s and 1 M followed by 3 s dance snake pass
25-32 1s turn LH to face out own side, dance LSh $1 / 2$ reels of 3 on own sides

## GOLDEN WEDDING BIRLS (R4x48) 4C set

C Meadley


9-12 1 s birl/turn RH to end facing $1_{\text {st }}^{\text {st }}$ corner
13-20 1 s dance RSh reel of 4 with $1^{\text {st }}$ corners and give right hands instead of passing LSh to finish in the middle
21-24 1 s birl/turn RH to end facing $2^{\text {nd }}$ corners
25-32 1 s dance RSh reel of 4 with $2^{\text {nd }}$ corners and finish facing down on own side
$33-40 \quad 1 \mathrm{~s}$ set to 3 s , cross down to $3^{\text {rd }}$ place to face 4 s as 3 s dance up to $2^{\text {nd }}$, 1 s set to 4 s , cross down to $4^{\text {th }}$ place as 4 s dance up to $3^{\text {rd }}$ 41-48 $4 \mathrm{~s}+1 \mathrm{~s}$ dance LH across, $2 \mathrm{~s}+3 \mathrm{~s}+4 \mathrm{~s}+1 \mathrm{~s}$ birl/turn RH

## AGING GRACEFULLY (S8x32) 3C (4C set)

C Bromann RSCDS Bk 47
1-8 $\quad 1 \mathrm{~s}+2 \mathrm{~s}+3 \mathrm{~s}$ set to partners \& turn 2H twice round \& set to partners again
9-16 $1 \mathrm{~L}+2 \mathrm{M}$ set advancing \& turn $2 \mathrm{H}, 1 \mathrm{~L}+2 \mathrm{M}$ pass by right to each other's place \& set
17-24 1M+2L repeat bars 9-16
25-32 2 s cross down to dance reels of 3 on own sides, 1s crossing up on last 2 bars 213

## GOTHENBURG'S WELCOME (J8x32) 3C (4C set)

B Munro RSCDS Bk 37
1-4 $\quad 1$ s cast 1 place \& set advancing to $1^{\text {st }}$ corner
5-16 1s Dance to Each Corner \& Set: -
${ }^{`} 5-61$ s change places with $1^{\text {st }}$ corners passing RSh \& $1^{\text {st }}$ corners pass RSh with a $1 / 4$ turn to right in centre to face $2^{\text {nd }}$ corners (as $2^{\text {nd }}$ corners set),
${ }^{-} 7-8$ Original $1^{\text {st }}$ crnrs change places with $2^{\text {nd }}$ crnrs passing RSh \& $2^{\text {nd }}$ crnrs pass RSh with a $1 / 4$ turn to right to face 1 s in $3^{\text {rd }} \mathrm{crnr}$ (pstn) as 1 s set
$9-10$ Original $2^{\text {nd }}$ corners change places with 1 s passing RSh \& 1 s pass RSh with a $1 / 4$ turn to right to face $2^{\text {nd }}$ corner (pstn) as orig $1^{\text {st }}$ corners set
11-16 Repeat this Fig once more until 1 s end in centre facing $3^{\text {rd }}$ corner positions with $3 \mathrm{~s} \& 2 \mathrm{~s}$ in $1^{\text {st }} \& 3^{\text {rd }}$ places opposite sides
17-24 1 s dance $1 / 2$ diagonal reel of 4 with $3^{\text {rd }}$ corner $\& 1 / 2$ diagonal reel with $4^{\text {th }}$ corners
25-32 1 s dance RH hands across ( $L$ with $2 s$ \& $M$ with $3 s$ ) \& $2 s+1 s+3 s$ turn RH

ORPINGTON CALEDONIANS (R8x32) 3C (4C set) J Brenchley RSCDS Bk 49
1-8 1 s set, 1 L followed by 1 M casts and dances across the set to $2^{\text {nd }}$ place facing out ( 2 s step up on $5-6$ ), $1 \mathrm{~L}+3 \mathrm{M}$ and $1 \mathrm{M}+3 \mathrm{~L}$ turn LH halfway to finish 1 M and 3 M facing out
9-16 $3 s+1 s$ dance Ladies' Chain, 1 M finish facing out
17-24 1 M followed by 1 L casts up and dances across the set to $2^{\text {nd }}$ place facing out ( 3 s step down), $2 \mathrm{~s}+1 \mathrm{~s}$ dance RH across to end 1 M and 2 L facing out
25-32 $2 \mathrm{~s}+1 \mathrm{~s}+3 \mathrm{~s}$ dance LSh reel of 3 on the sides

| Crom Allt | Tap the Barrel |
| :--- | ---: |
| Milton's Welcome | Old and Dangerous |
| Silver Strathspey | Bus Pass |
| Flora's Fancy | Golden Wedding Birls |
| Glenalmond Gamekeeper | Aging Gracefully |
| Rundumadum | Gothenburg's Welcome |
| Abbot of Unreason | Orpington Caledonians |

## Crom Allt

(2)

32R3 1 s dancing in and down to begin
9-16 $\quad \mathrm{Cpl} 1$ and cpl 2 dance butterfly turns $1 \frac{1}{2}$. Cpl 1 dance down between 3 s and cast up to $2^{\text {nd }}$ on own side.
17-24 Cpl 1 and $1^{\text {st }}$ crnrs advance and retire and turn by rt.
25-32 Cpl 1 and $2^{\text {nd }}$ crnrs advance and retire and turn by lft.

## Milton's Welcome

1-8 Cpls 1, 2, 3 set, cross by rt, set, cpls 1 and 3 turn $3 / 4$ by rt while 2 s cross by rt.
9-16 Cpls 1 and 3 dance reel of 4. M1 and W3 end in original places, while M3 and W1 begin a turn by lft .
17-20 M3 and W1 finish the turn, dance out their own sides and cast to original places.
21-24 Cpls 1, 2, 3 turn by Ift. 3S end in own places while cpls 1 and 2 end ready for poussette.
25-32 Cpls 1 and 2 dance poussette.

## Silver Strathspey

$\begin{array}{ll}\text { (3) } \\ 1-4 & 1 \text { s set and cast as the 2s step up. } \\ 32 S 3\end{array}$
5-8 $2 \mathrm{~s}, 1 \mathrm{~s}, 3 \mathrm{~s}$ set and circle Ift halfway to finish on opp sides with 3 s and 2s facing in diagonally.
9-12 1s cross by rt and cast rt to end W1 between the 3 s and M 1 between the 2 s , while 3 s and 2 s set and dance rt hands across halfway to place.
13-16 1 s change by rt and cast rt to $2^{\text {nd }}$ place on own sides, while 2 s and 3 s set and dance rt hands across halfway to end 3 s at the top and 2 s at the bottom on opp sides.
17-20 1 s dance $1 / 2 \mathrm{rt}$ shldr reels of 3 across the dance, W1 with the 2 s and M1 with the 3s.
21-24 1 s turn $1 \frac{1}{2}$ by rt .
25-32 3s, 1s, 2s dance the knot.

## Flora's Fancy

$\begin{array}{ll}\text { (3) } \\ 1-8 & \text { Cpl } 1 \text { set, cast, and dance rt hands across lady }\end{array}$ up and man down to finish in the middle, M1 behind W 1 , facing up.
9-16 Cpl 1 dance rt shldr tandem reel of 3 across the dance with the 2 s to end on own side.
17-24 Cpl 1 set, turn $3 / 4$ by rt , and dance lft hands across lady up and man down to finish in middle, W1 behind M1 facing down.
25-32 Cpl 1 dance rt shldr tandem reel of 3 across the dance with the 3 s to end on own side.

Cpl 1 dance mirror reels of 3 on opp sides. 1s and 3 s finish slightly in from the sides.
Cpls 1 and 3 dance ladies' chain. Cpl 1 finish W1 behind M1 facing ladies' side and cpl 3 finish W3 behind M3 facing the men's side.
Cpls 1 and 3 dance tandem figures of 8 round the 2 s to finish in the middle at the top and bottom.
Circle 6 hands round and back to finish on the sidelines with 1s on opp sides.
Cpls 1 and 2 set to prtnr and dance $3 / 4$ of a double fig 8 , 1 s casting to begin.

## Rundumadum

32S3
Cpl 1 cast for 4 bars while the 2 s step up, and turn by rt.
Cpl 1 set advancing passing lft shldrs while crnrs set diagonally, is turn $1^{\text {st }}$ crnrs with both hands to finish W1 between 2s and M1 between 3 s while $2^{\text {nd }}$ crnrs continue to set.
All circle once round to the lft.
Cpl 1 set advancing passing lft shldrs while crnrs set diagonally, 1s turn $2^{\text {nd }}$ crnrs with both hands to finish in $2^{\text {nd }}$ on opp sides while $1^{\text {st }}$ crnrs continue to set.
All circle once round to the lft. Cpls 2, 1, 3 dance a circulating knot.

## The Abbot of Unreason

Cpl 1 dances down the middle, 2s step up on bars 3-4.
W1 dances under the arm of M1 as he dances below her, and they dance up to finish back to back in $2^{\text {nd }}$ place facing opp sides.
Cpls 2, 1, 3 set as in double triangles, 1 s turn $1^{\text {st }}$ crnr by rt, cpls 2, 1, 3 set as in double triangles, and 1 s turn $2^{\text {nd }} \mathrm{crnr}$ by lft .
Cpl 2, 1, 3 dance reels of 3 on the sides. Cpl 1 give rt shldr to $1^{\text {st }}$ crnrs to begin and cross back from $2^{\text {nd }} \mathrm{crnr}$ position to own side in $2^{\text {nd }}$ place on bars 23-24.
5-32 All set rt and circle lft and set lft and circle rt.

## Tap the Barrel

32R3
W1 and M3 change by rt. M1 and W3 change by rt. Cpl 2 crosses by rt. All turn by rt halfway into allemande hold.
Cpls 3, 2, 1 dance allemande.
Cpl 1 sets and casts to $2^{\text {nd }}$ place as 2 s step up. Cpl 3 sets and casts up to $2^{\text {nd }}$ place as the 1 s step down. Circle 6 hands round and back.

1-4 Cpls1 and 2 set, W1 cast down and M2 cast up while M1 and W2 pass Ift shldrs to face prtnr on the $1^{\text {st }}$ diagonal.
5-8 Cpls 1 and 2 dance $1 / 2$ reel of 4 .
9-10 Cpls 1 and 2 change by rt with prtnr, M1 and W2 dance CW while W1 and M2 turn by Ift to finish in a line up and down the set.
11-12 M1 with M2 and W1 with W2 change by rt, M2 and W1 dance CW while M1 and W2 turn by lft to finish in a line on the $2^{\text {nd }}$ diagonal.
13-14 Cpls 1 and 2 change by rt with prtnr, M1 and W2 dance CW while W1 and M2 turn by Ift to finish in a line across the set.
15-16 M1 with M2 and W1 with W2 turn $3 / 4$ by rt to end progressed with M1 and W2 facing out.
17-24 M1 casts up and W2 casts down, dance back to back, and set; while W1 and M2 dance back to back, set twice advancing past retiring person and each other to face prtnrs.
25-32 Cpls 1 and 2 turn prtnrs with both hands, dance $1 / 2$ poussette, and set on the sides.

## The Bus Pass

Men dance across the top and behind ladies' line.
5-8 Men dance below the ladies and up the middle of the set, while the ladies join hands to set advancing and turn rt about to face up joining hands with prtnr in promenade hold.
9-16 All dance promenade. 1s cast to $2^{\text {nd }}$ as the 2 s dance to the top. 1s finish lft shldr to lft shldr facing opp sides.
17-20 $\quad$ 1s dance rt hands across, lady up man down, to finish as they started.
21-24 All dance a snake pass to change ends.
25-28 1 s turn by Ift to face out in $2^{\text {nd }}$ place.
29-32 1 s dance1/2 Ift shldr reels of 3 on own sides.

## Golden Wedding Birls

48R4
25-32 1 s dance reel of 4 with $2^{\text {nd }}$ crnrs.

33-36 Facing down, 1 s set to the 3 s and cross down to $3^{\text {rd }}$ as the 3 s dance up.
37-40 1 s set to the 4 s and cross down to $4^{\text {th }}$ as the 4 s dance up.
41-44 1 s and 4 s dance lft hands across.
45-48 All birl/turn by the rt.
$1 \mathrm{~s}, 2 \mathrm{~s}, 3 \mathrm{~s}$ set, turn twice with both hands, and set. W1 and M2 set advancing, turn with both hands, pass rt shldr to dance into each other's place, and set.

25-32 2s, 1s, 3s dance reels of 3 on the sides; 2s crossing down to own side and 1s dancing out and up to begin. 1s cross up to $2^{\text {nd }}$ place on own side on at the end of the reel.

## Gothenburg's Welcome

Cpl 1 cast to $2^{\text {nd }}$ and dance pas de basque finish back to back facing $1^{\text {st }}$ crnrs.
Dance to crnr and set. Finish with $3 s$ in $1^{\text {st }}$ place on opp sides, 2 s in 3rd place on opp sides, and 1 s facing $1^{\text {st }} \mathrm{crnrs}$ on opp sides. Cpl 1 dance $1 / 2$ reel of 4 with $1^{\text {st }}$ crnrs, pass by rt to face $2^{\text {nd }}$ crnrs.
Cpl 1 dance $1 / 2$ reel of 4 with $2^{\text {nd }}$ crnrs, end in middle lft shldr to lft shldr facing opp sides. W1 and M1 dance rt hands across at top and bottom, end on the sides.
Cpls 2, 1, 3 turn by rt.

## Orpington Caledonians

32R3
Cpl 1 set, W1 followed by M1 cast and dance across the set to face out in $2^{\text {nd }}$ place (2s step up on bars $5-6$ ). Cpl 1 and cpl 3 turn $1 / 2$ by lft to finish with M1 and M3 facing out.
Cpl 3 and 1 dance ladies' chain. M1 stays facing out.
M1 followed by W1 casts up and dances across the set to face out in $2^{\text {nd }}$ place (3s step down on bars 19-20). Cpl 2 and 1 dance rt hands across to end M1 and W2 facing out. sides.

