

Scottish Country Dancers of Colorado  
**December Regional Dance**

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Saturday, December 13th, 2014 • 2:00 pm to 5:00 pm  
Reverence Academy of Dance • 1370 Miners Drive, #111 • Lafayette  
Dances walked through as necessary through the afternoon.  
\$5.00 SCD members / \$6.00 non-members  
Students through high school half price.

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	Program		
La Flora	8x32J3	(2)	27-10
Fidget	8x32R2	(3)	16-1
Dalkeith's Strathspey	8x32S3	(3)	9-6
The Festival Man	8x32J3	(3)	48-10
College Hornpipe	8x32R3	(3)	20-12
Autumn in Appin	4x32S4	(4)	31-5
The Express	8x40J3	(3)	20-11
The Sailor	8x32R3	(2)	24-4
Fair Donald	8x32S3	(3)	29-4
Duke of Atholl's Reel	8x32J2	(2)	16-3
Rutland Reel	8x40J3	(3)	48-2
Rougemont Castle	3x32S3	(3)	48-12
Gilly Flower	8x32J3	(4)	36-8
Black Mountain Reel	5x32R5	(4)	Haynes, Carnforth 3

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Come join us for our holiday party. Your presence at this dance may determine the list upon which Santa places your name. Naughty or nice? Do you really want to risk receiving that lump of coal? Bring refreshments to share, and as always bring your enthusiasm.

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La Flora  
Fidget  
Dalkeith's Strathspey  
Festival Man  
College Hornpipe  
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The Express

The Sailor  
Fair Donald  
Duke of Atholl's Reel  
Rutland Reel  
Rougemont Castle  
The Gilly Flower  
Black Mountain Reel

La Flora

(3) 32J3  
1-8 Cpls 1 and 2 dance rt hands across halfway and cross by rt, then dance lft hands across halfway and cross by lft.  
9-16 Cpl 1 petronella (2s step up), set to prtnr, petronella into 2<sup>nd</sup> improper, and set to prtnr.  
17-24 Circle 6 hands round and back.  
25-30 Cpl 1 face 2<sup>nd</sup> cnrns and dance rt shldr reel of 3 on the sides.  
31-32 Cpl 1 cross by rt to end in 2<sup>nd</sup>.

Fidget

(3) 32R3  
1-8 Cpls 1 and 2 face up and down; set and change by rt, set and change by lft.  
9-16 Cpls 1, 2, 3 dance promenade, cpl 1 and 2 end in middle.  
17-24 Cpls 1 and 2 dance poussette, cpl 1 end back to back facing own lines.  
25-32 1s double triangles.

Dalkeith's Strathspey

(3) 32S3  
1-4 Cpl 1 set to and dance 3 hands round w/W2.  
5-8 Cpl 1 set to and dance 3 hands round w/M2.  
9-16 Cpl 1 lead down the middle and up, ending M1 facing W2, W1 facing M2 in a line across the dance.  
17-24 Cpls 1 and 2 dance a reel of 4 across the dance, cpl 1 finish facing 1<sup>st</sup> cnrns.  
25-32 Cpl 1 turns cnrn, prtnr, cnrn, prtnr to end in 2<sup>nd</sup> on own side.

The Festival Man

(3) 32J3  
1-8 1s set, cross down by rt as the 2s step up, set, and turn  $\frac{3}{4}$  by lft to end W1 facing M2 and M1 facing W3.  
9-16 1s dance  $\frac{1}{2}$  lft shldr reels across the dance, pass lft shldrs and dance  $\frac{1}{2}$  lft shldr reels across the opp end of the dance. 1s finish in middle, W1 facing up and M1 facing down.  
17-24 1s dance rt hands across on own sides, dance out the ends and cast to 2<sup>nd</sup> place on own side.  
25-32 Cpls 3, 1, 2 dance set and rotate for 3 cpls.

The College Hornpipe

(3) 32R3  
1-8 Cpls 1, 2, 3 circle round and back again.  
9-16 Cpls 1, 2, 3 dance promenade.  
17-24 Cpl 1 cross by rt, cast, cross by lft, cast, lead up middle to face 1<sup>st</sup> cnrns.  
25-32 Cpl 1 dance 6 bars of hello and goodbye setting, then clap and turn into place.

Autumn in Appin

(4) 32S4  
1-4 (2<sup>nd</sup> chord 3s and 4s change sides) Cpls 2 and 3 dance a petronella turn and set to prtnr.  
5-8 Cpls 2 and 3 turn  $\frac{3}{4}$  by rt and dance rt hands across halfway to finish M2 with W3 in promenade hold facing out men's side and M3 with W2 in promenade hold facing out women's side.  
9-14 Cpls 1 and 4 dance a petronella turn, set to prtnr, and turn  $\frac{1}{2}$  by rt. Finish in promenade hold, 1s at top facing women's side and 4s at bottom facing men's side. M2 with W3 and M3 with W2 dance out the sides, between the 1s and 4s, and to the opp side.  
15-16 All promenade CW one position.  
17-20 Now in a square, cpls 1 and 4 dance half ladies' chain across the dance.  
21-24 Cpls 2 and 3 dance half men's chain up and down the dance turning prtnr once round to end M on prtnr's rt.  
25-26 All set facing the center.  
27-32 All dance 6 hands round to the lft. On bar 30 all dance in and pull back rt shldr to face out and spiral to sides into progressed places 2, 4, 1, 3.

The Express

(3) 40J3  
1-8 Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on opp sides.  
9-16 Cpl 1 crosses down between 2s and 3s and dances mirror reels of 3 on own sides.  
17-24 Cpl 1 lead down the middle and up again.  
25-32 Cpls 1 and 2 dance allemande, cpl 1 end back to back facing own sides.  
33-40 1s dance double triangles.

The Sailor

(2) 32H3  
1-2 Cpl 1 cross down (2s step up) to end between cnrns facing out  
3-4 Joining near hands all set.  
5-8 Cpl 1 dance out sides and cast rt around 1<sup>st</sup> cnrn to end 3 and 3 facing up and down; all set.  
9-16 Cpl 1 give rt shldr to person on rt for reels of 3 across the dance, cpl 1 end in 2<sup>nd</sup> improper.  
17-24 Cpl 1 lead down the middle and back, cross at top and cast to 2<sup>nd</sup>.  
25-32 Cpls 2 and 1 dance rts and lfts.

Fair Donald

(3) 32S3  
1-4 Cpl 1 dances down between 2s and casts up to place.  
5-8 Cpl 1 dances down between 3s and casts up to face 1<sup>st</sup> cnrns while the 2s step up.  
9-16 Diagonal reel of 4, cpl 1 passes lft shldrs to face 2<sup>nd</sup> cnrns.  
17-24 Diagonal reel of 4, cpl 1 finishes with near hands joined facing the top.  
25-26 Cpl 1 cast to 2<sup>nd</sup>.  
27-28 Cpls 2, 1, 3 set on the sides.  
29-32 Cpls 2, 1, 3 turn prtnr with two hands.

### The Duke of Atholl's Reel

- (2) 32J2  
1-4 Cpls 1 and 2 set on the sides, and dance rt hands across halfway.  
5-8 Cpls 1 and 2 set on the sides, and dance lft hands across halfway back to place.  
9-12 M1 and W2 advance setting, turn by rt.  
13-16 M2 and W1 repeat bars 9-12.  
17-20 Cpl 1 cross by rt and cast to 2<sup>nd</sup> (2s step up).  
21-24 Cpl 1 dance ½ fig 8 around 2s.  
25-32 Cpls 2 and 1 dance rts and lfts.

### The Rutland Reel

- (3) 40R3  
1-8 1s set, cast, cross down by rt between 3s, and cast up to 2<sup>nd</sup> place on opp sides.  
9-16 Cpls 2 and 1 dance ladies' chain. 1s finish facing down.  
17-22 Cpls 2, 1, 3 dance rt shldr reels of 3 on the sides.  
23-24 Cpls 1 and 3 change by rt on the sides. W3 and W1 finish facing out.  
25-32 Cpls 3 and 1 dance men's chain. W1 finishes facing out.  
33-36 W1 followed by prtnr casts up one place and crosses to own side as the 3s step down. 1s finish in 2<sup>nd</sup> place on own sides.  
37-40 Cpls 1 and 3 circle 4 hands round to the lft.

### Rougemont Castle

- (3) 32S3  
1-8 1s cross down below 3s by rt and cast up to 2<sup>nd</sup> place as 2s step up. 1s dance ½ fig of 8, lady up and man down.  
9-16 cpls 2, 1, 3 dance cross and rotate. All 3 cpls cross by rt, dance CW to finish in lines across, change up and down by rt with prtnr, and dance CW to opp side.  
17-22 Cpls 3, 1, 2 dance chain rts and lfts. M1 and W3 also W1 and M2 change by rt, M2 and M3 also W3 and W2 change by lft, W2 and M1 also M3 and W1 change by rt.  
23-24 2s cross by rt while cpls 1 and 3 turn ½ by rt into allemande hold.  
25-32 Cpls 1 and 3 dance allemande.

### The Gilly Flower

- (4) 32J3  
1-8 Cpls 1 and 2 set and rotate.  
9-16 Cpls 2, 1, 3 dance reels of 3 on the sides, cpl 1 passing 3s by the lft to begin. M1 and W2 stay facing out.  
17-20 Cpls 2 and 1 dance rt hands across.  
21-24 Cpls 1 and 3 dance lft hands across.  
25-26 Cpls 2, 1, 3 set advancing to form a small circle.  
27-28 All turn rt about while setting.  
29-30 All dance rt hands across for 6.  
31-32 All Drop hands and continue dancing CW to own side.

### The Black Mountain Reel

- (4) 32R5  
1-4 Cpls 1 and 3 cross by rt, cast one place (2s and 4s step up).  
5-8 Cpls 1 and 3 dance ½ fig 8 around the cpl above, end facing 1<sup>st</sup> crnrs.  
9-16 Cpls 1 and 3 dance crnr, prtnr, crnr, prtnr, end facing 1<sup>st</sup> crnrs.  
17-24 Cpls 1 and 3 dance reel of 4 with 1<sup>st</sup> crnrs to end in middle of dance, ladies up and men down.  
25-28 W1 dance rt hands across with 2s, M1 and W3 dance rt hands across with 4s, and M2 dance rt hands across with 5s.  
29-32 Cpls 1 and 3 turn by lft, cast one place (4s and 5s step up).

**LA FLORA (J8x32) 3C (4C set)****Monro RSCDS Bk 27**

- 1- 8 1s+2s dance RH across 1/2 way, 1/2 turn RH, dance LH across 1/2 way & turn LH to places  
9-16 1s petronella to 2<sup>nd</sup> place opposite sides  
17-24 2s+1s+3s circle 6H round & back  
25-32 1s dance reels of 3 on opposite sides giving RSh to person on their right & cross to 2<sup>nd</sup> place own sides

**FIDGET (R8x32) 3C (4C set)****Button & Whittaker RSCDS Bk 16**

- 1- 8 1s facing 2s set & change places RH & repeat back to places LH  
9-16 1s+2s+3s Promenade (1s+2s remain in centre of dance)  
17-24 1s+2s dance Poussette (1s end in double triangle position)  
25-32 2s+1s+3s dance Double Triangles

**DALKEITH'S STRATHSPEY (S8x32) 3C (4C set)****RSCDS Bk 9**

- 1- 8 1s (with nearer hands joined) set to 2L & circle 3H round to the left, set to 2M & circle 3H round to the left  
9-16 1s lead down the middle (2s step up) & back to end between 2s (BtoB) facing opposite partners  
17-24 1s+2s dance reel of 4 across, 1s end in middle facing 1<sup>st</sup> corner  
25-32 1s turn 1<sup>st</sup> corner RH, partner LH, 2<sup>nd</sup> corner RH & cross LH to own sides

**THE FESTIVAL MAN (J8x32) 3C (4C set)****S Trafford RSCDS Bk 48**

- 1- 8 1s set, cross down RH to 2<sup>nd</sup> place opposite sides, set, turn LH  $\frac{3}{4}$  to finish 1L between 2s, 1M between 3s, facing opposite sides  
9-16 1L+2s, 1M+3s dance  $\frac{1}{2}$  LSh reels of 3 across. 1s pass by Left to continue reels with other couples. 1s finish in middle 1L facing up, 1M facing down  
17-20 1L+2L+3L also 1M+2M+3M dance RH across on own sides  
21-24 1s dance out ends (1L up, 1M down) and cast to Right into 2<sup>nd</sup> place on own side while 2M+3M also 2L+3L set and change place RH on sides  
25-32 3s+1s+2s Set and Rotate for 3 couples

**THE COLLEGE HORNPIPE (R8x32) 3C (4C set)****Boag RSCDS Bk 20**

- 1- 8 1s+2s+3s circle 6H round & back  
9-16 1s+2s+3s Promenade  
17-24 1s cross RH, cast to 2<sup>nd</sup> place, cross LH, cast to 3<sup>rd</sup> place & lead up to face 1<sup>st</sup> corners  
25-32 1s dance 'Hello-Goodbye' setting ending with a clap & petronella turn to 2<sup>nd</sup> places

**AUTUMN IN APPIN (S4x32) 4C set 3s & 4s on opp sides****J Drewry RSCDS Bk 31**

- 1- 8 2s+3s Petronella turn into centre & set to partner (Men BtoB), 2s+3s  $\frac{3}{4}$  turn partner RH & dance RH across 1/2 way to change places & end with other partner in prom hold (2M+3L facing Men's side & 3M+2L facing Ladies side)  
9-10 1s & 4s Petronella turn into centre **while** 2M+3L dance out & up on Men's side & 3M+2L dance out & down on Ladies side  
11-12 1s & 4s set to partner **while** 2M+3L/3M+2L cross to other side passing between 'gates' (1s & 4s)  
13-14 1s & 4s 1/2 turn RH into prom hold (1s facing Ladies side & 4s facing Men's side) **while** 2M+3L/3M+2L dance down/up sides  
15-16 All Promenade cl'wise 1 pl to end in square set (1s on Ladies side facing 4s on Men's side, 2M+3L in 4<sup>th</sup> pl face up **as** 3M+2L in 1<sup>st</sup> pl face down)  
17-24 1s+4s dance 1/2 Ladies Chain, 2s+3s dance 1/2 Men's Chain (2s & 3s ending with Lady on Mans left)  
25-32 All set in square set & circle 8H round to left, dance into centre, turn right & spiral out to own side lines ending 2 4 (1)(3)

**THE EXPRESS (J8x40) 3C (4C set)****Button & Whittaker RSCDS Bk 20**

- 1- 8 1s cross down to dance reflection reels of 3 on opposite sides  
9-16 1s cross down to dance reflection reels on own sides  
17-24 1s lead down the middle & back  
25-32 1s+2s dance Allemande (1s ending in the centre in double triangle pstns)  
33-40 1s dance Double Triangles

**THE SAILOR (R8x32) 3C (4C set)****RSCDS Bk 24**

- 1-8 1s cross down RH to face out between 2s & 3s giving hands to each corner & set, 1s cast round 1<sup>st</sup> corner to form lines of 3 across with 2s/3s & 2s+1s+3s set
- 9-16 1s (turning to right) dance RSh reels of 3 across & 1s end passing LSh to 2<sup>nd</sup> place on opposite sides
- 17-24 1s lead down for 2 bars & lead up, cross at the top & cast to 2<sup>nd</sup> place on own sides
- 25-32 2s+1s dance R&L

**FAIR DONALD (S8x32) 3C (4C set)****RSCDS Bk 29**

- 1-8 1s dance down 1 place & cast up on own side to places, dance down 2 places & cast up on own side & face 1<sup>st</sup> corners
- 9-16 1s dance diagonal Reel of 4 with 1<sup>st</sup> corners & pass partner LSh to face 2<sup>nd</sup> corners
- 17-24 1s dance diagonal Reel of 4 with 2<sup>nd</sup> corners & end in centre facing up between 2s
- 25-32 1s cast to 2<sup>nd</sup> place & 2s+1s+3s set, 2s+1s+3s turn partners 2H

**THE DUKE OF ATHOLL'S REEL (J8x32) 2C (4C set)****Skillern RSCDS Bk 16**

- 1-8 1s+2s set, dance 1/2 RH across, set & dance 1/2 LH across back to places
- 9-16 1M+2L set advancing & turn RH back to places, 1L+2M set advancing & turn RH back to places
- 17-24 1s cross RH, cast to 2<sup>nd</sup> place & dance 1/2 Fig of 8 round 2s to 2<sup>nd</sup> place on own sides
- 25-32 2s+1s dance R&L

**THE RUTLAND REEL (R8x40) 3C (4C set)****R Senior RSCDS Bk 48**

- 1-8 1s set & cast 1 place, 1s cross between 3s & cast up to 2<sup>nd</sup> place opposite sides
- 9-16 1s+2s dance Ladies Chain & end 1s facing down
- 17-24 Reel of 3 on sides, 1s giving RSh to 3s & 1s+3s 1/2 turn RH 2 3(1)
- 25-32 3s+1s dance Mens Chain & end 1L facing out with partner ready to follow her
- 33-40 1L followed by partner casts up & crosses to own side to end 1s in 2<sup>nd</sup> place own sides, 1s+3s circle 4H round to left

**ROUGEMONT CASTLE (S3x32) 3C set****D Brown RSCDS Book 48**

- 1-8 1s lead down to bottom & cross to cast up to 2<sup>nd</sup> pl on opp sides, 1s dance 1/2 Fig of 8 (L up round 2s, M down). 2 1 3
- 9-16 All cross RH & chase CW 1/4 way into lines across, all change places with partner RH & chase CW to opp sides. (3)(1)(2)
- 17-24 1s change places RH with person diagonally to right & new centre couple LH with person diag left, new centre cple RH diag right & 2s (at top) cross RH as 1s & 3s 1/2 turn RH into Allemande hold
- 25-32 1s+3s dance Allemande. 2 3 1

**THE GILLY FLOWER (J8x32) 3C (4C set)****P Roberts RSCDS Bk 36**

- 1-8 1s+2s set, turn right about & dance to next place clockwise (1M & 2L changing sides), change places with ptnrs RH & dance on 1 pl (1s in 2<sup>nd</sup> pl)
- 9-16 2s+1s+3s dance reels of 3 on sides (1s pass 3s by LSh to start)
- 17-24 2s+1s dance RH across, 1s+3s dance LH across
- 25-32 2s+1s+3s set advancing to form circle (no hands), set turning right about, dance RH across, & dance CW to places

**THE BLACK MOUNTAIN REEL (R5x32) 5C set****D Haynes Carnforth Coll 3**

- 1-8 1s & 3s cross RH & cast down 1 place, dance 1/2 Fig of 8 round the couples above them & cross to face 1<sup>st</sup> corners
- 9-16 1s & 3s turn 1<sup>st</sup> corners RH & partner LH, turn 2<sup>nd</sup> corner RH & partner LH to face 1<sup>st</sup> corners again
- 17-24 1s & 3s dance diagonal reels of 4 with 1<sup>st</sup> corners
- 25-32 All dance RH across once round (1L with 2s, 1M+3L with 4s & 3M with 5s), 1s & 3s turn ptnrs LH & cast one place