

Scottish Country Dancers of Colorado  
**January Regional Dance**

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Saturday, January 17th, 2015 • 1:00 pm to 4:00 pm  
Tri-Lakes Family Center (YMCA) • 17250 Jackson Creek Parkway  
Monument • CO • 80132

Some dances walked through at 12:30  
\$5.00 SCD members / \$6.00 non-members.  
Students through high school half price.

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	Program		
La Flora	8x32J3	(2)	27-10
Rutland Reel	8x40R3	(3)	48-2
Dalkeith's Strathspey	8x32S3	(3)	9-6
The Rakish Highlandman	8x40J3	(3)	19-6
Piper and the Penguin	1x88R4Sq	(3)	Goldring, Scotia Suite
Linnea's Strathspey	8x32S3	(3)	47-2
The Festival Man	8x32J3	(3)	48-10
The Sailor	8x32R3	(2)	24-4
Fair Donald	8x32S3	(3)	29-4
St. Nicholas Boat	8x48J3	(4)	Drewry, Canadian
Diamond Quarrie	8x32R3	(3)	Brunken, Dunsmuir
Rougemont Castle	3x32S3	(3)	48-12
Duke of Atholl's Reel	8x32J2	(2)	16-3
Black Mountain Reel	5x32R5	(4)	Haynes, Carnforth 3

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Hopefully your New Year's resolutions include dancing more. Here's your first opportunity. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm.

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### January Regional

La Flora	The Sailor
Rutland Reel	Fair Donald
Dalkeith's Strathspey	St. Nicholas Boat
Rakish Highlandman	Diamond Quarrie
Piper and the Penguin	Rougemont Castle
Linnea's Strathspey	Duke of Atholl's Reel
Festival Man	Black Mountain Reel

#### La Flora

(3) 32J3  
1-8 Cpls 1 and 2 dance rt hands across halfway and cross by rt, then dance lft hands across halfway and cross by lft.  
9-16 Cpl 1 petronella (2s step up), set to prtnr, petronella into 2<sup>nd</sup> improper, and set to prtnr.  
17-24 Circle 6 hands round and back.  
25-30 Cpl 1 face 2<sup>nd</sup> crnrs and dance rt shldr reel of 3 on the sides.  
31-32 Cpl 1 cross by rt to end in 2<sup>nd</sup>.

#### The Rutland Reel

(3) 40R3  
1-8 1s set, cast, cross down by rt between 3s, and cast up to 2<sup>nd</sup> place on opp sides.  
9-16 Cpls 2 and 1 dance ladies' chain. 1s finish facing down.  
17-22 Cpls 2, 1, 3 dance rt shldr reels of 3 on the sides.  
23-24 Cpls 1 and 3 change by rt on the sides. W3 and W1 finish facing out.  
25-32 Cpls 3 and 1 dance men's chain. W1 finishes facing out.  
33-36 W1 followed by prtnr casts up one place and crosses to own side as the 3s step down. 1s finish in 2<sup>nd</sup> place on own sides.  
37-40 Cpls 1 and 3 circle 4 hands round to the lft.

#### Dalkeith's Strathspey

(3) 32S3  
1-4 Cpl 1 set to and dance 3 hands round w/W2.  
5-8 Cpl 1 set to and dance 3 hands round w/M2.  
9-16 Cpl 1 lead down the middle and up, ending M1 facing W2, W1 facing M2 in a line across the dance.  
17-24 Cpls 1 and 2 dance a reel of 4 across the dance, cpl 1 finish facing 1<sup>st</sup> crnrs.  
25-32 Cpl 1 turns crnr, prtnr, crnr, prtnr to end in 2<sup>nd</sup> on own side.

#### The Rakish Highlandman

(4) 40J3  
1-8 Cpls 1, 2, 3 dance reels of 3 on the sides.  
9-16 Cpl 1 lead down the middle and up.  
17-24 Cpls 1 and 2 allemande, cpl 1 end facing 1<sup>st</sup> crnrs.  
25-32 Cpl 1 turn crnr by rt, prtnr by lft, crnr by rt, and pass prtnr by rt to end back to back in middle facing own sides.  
33-40 Double triangles.

### The Piper and the Penguin

(2) 88R4 Square  
1-8 W dance rt round crnrs and rt hands across into  
9-16 Lft round prtnrs and lft hands across to place.  
17-24 M dance rt round prtnrs and rt hands across into  
25-32 Lft round crnrs and lft hands across to place.  
33-40 1s and 3s turn prtnr by rt 1¼. M followed by prtnrs dance rt and out between side cpls and back to place.  
41-48 Cpls 1 and 3 dance rts and lfts.  
49-64 Cpls 2 and 4 repeat bars 33-48.  
65-72 W dance in, turning rt about dance out, and cast CW to opp places.  
73-80 M dance in, turning lft about dance out, and cast CCW to opp places.  
81-88 All turn prtnrs by rt into promenade hold and promenade halfway round to original places.

#### Linnea's Strathspey

(3) 32S3  
1-8 Cpl 1 sets, casts, and crosses passing lft shldr to cast rt shldr round 1<sup>st</sup> crnr to end facing 1<sup>st</sup> crnr.  
9-16 Cpl 1 dances Hello-Goodbye setting and ends passing rt shldr to face out own side.  
17-18 2s and 3s turn ¾ by rt while 1s cast rt.  
19-22 M1 with W2 also W1 with M3 promenade halfway round set while M2 and W3 turn 1½ by lft in the middle.  
23-24 1s continue to 2<sup>nd</sup> place on own sides while 3s and 2s turn ¾ by rt. All finish in middle facing up.  
25-32 Cpls 3, 1, 2 dance allemande.

#### The Festival Man

(3) 32J3  
1-8 1s set, cross down by rt as the 2s step up, set, and turn ¾ by lft to end W1 facing M2 and M1 facing W3.  
9-16 1s dance ½ lft shldr reels across the dance, pass lft shldrs and dance ½ lft shldr reels across the opp end of the dance. 1s finish in middle, W1 facing up and M1 facing down.  
17-24 1s dance rt hands across on own sides, dance out the ends and cast to 2<sup>nd</sup> place on own side, while crnrs set and change by rt on the sides.  
25-32 Cpls 3, 1, 2 dance set and rotate for 3 cpls.

#### The Sailor

(2) 32H3  
1-2 Cpl 1 cross down (2s step up) to end between crnrs facing out  
3-4 Joining near hands all set.  
5-8 Cpl 1 dance out sides and cast rt around 1<sup>st</sup> crnr to end 3 and 3 facing up and down; all set.  
9-16 Cpl 1 give rt shldr to person on rt for reels of 3 across the dance, cpl 1 end in 2<sup>nd</sup> improper.  
17-24 Cpl 1 lead down the middle and back, cross at top and cast to 2<sup>nd</sup>.  
25-32 Cpls 2 and 1 dance rts and lfts.

Fair Donald

- (3) 32S3  
1-4 Cpl 1 dances down between 2s and casts up to place.  
5-8 Cpl 1 dances down between 3s and casts up to face 1<sup>st</sup> crnrs while the 2s step up.  
9-16 Diagonal reel of 4, cpl 1 passes lft shldr to face 2<sup>nd</sup> crnrs.  
17-24 Diagonal reel of 4, cpl 1 finishes with near hands joined facing the top.  
25-26 Cpl 1 cast to 2<sup>nd</sup>.  
27-28 Cpls 2, 1, 3 set on the sides.  
29-32 Cpls 2, 1, 3 turn prtnr with two hands.

St. Nicholas Boat

- (5) 48J3  
1-8 Cpls 1 and 2 set to prtnrs. 1s cast, 2s cross up to dance ¾ of a double fig 8. Cpl 1 end improper in 2<sup>nd</sup>.  
9-16 Cpls 2, 1, 3 set, cross by rt, set, turn ½ by rt. W pull back rt shldr, and cpls end facing the sides with W in front of their prtnr in each tandem.  
17-24 Cpls 2, 1, 3 dance rt shldr double reel of 3. Cpl 1 dances toward men's side and up, and cpl 2 cuts the reel first.  
25-32 Cpls 2, 1, 3 flow into parallel reels of 3 on the sides; W1 on M side, and M1 on W side. M1 and M2 end back to back at top M1 facing W2 and M2 facing W1.  
33-40 Cpls 1 and 2 dance reel of 4 across the dance, end M give rt hands to prtnrs, cpl 1 facing up on M side, cpl 2 facing down on W side.  
41-48 Cpl 2 followed by cpl 1 lead down, cross below 3s, cast up the sides, and cross by rt.

The Diamond Quarrie

- (3) 32R3  
1-8 1s cross rt while 2s set. 1s and 2s dance ¾ of a double fig of 8, 1s cast as 2s cross up to begin.  
9-16 2s, 1s, and 3s dance mirror reels of 3 on the sides. 1s dance in and down to begin and end facing 1<sup>st</sup> crnrs.  
17-24 1s dance Hello-Goodbye setting and end facing 3<sup>rd</sup> crnr.  
25-32 1s dance pass and turn with the 3<sup>rd</sup> crnrs, pass rt shldr, dance pass and turn with 4<sup>th</sup> crnrs, and end in 2<sup>nd</sup> place on own sides.

Rougmont Castle

- (3) 32S3  
1-8 1s cross down below 3s by rt and cast up to 2<sup>nd</sup> place as 2s step up. 1s dance ½ fig of 8, lady up and man down.  
9-16 cpls 2, 1, 3 dance cross and rotate. All 3 cpls cross by rt, dance CW to finish in lines across, change up and down by rt with prtnr, and dance CW to opp side.  
17-22 Cpls 3, 1, 2 dance chain rts and lfts. M1 and W3 also W1 and M2 change by rt, M2 and M3 also W3 and W2 change by lft, W2 and M1 also M3 and W1 change by rt.  
23-24 2s cross by rt while cpls 1 and 3 turn ½ by rt into allemande hold.  
25-32 Cpls 1 and 3 dance allemande.

The Duke of Atholl's Reel

- (2) 32J2  
1-4 Cpls 1 and 2 set on the sides, and dance rt hands across halfway.  
5-8 Cpls 1 and 2 set on the sides, and dance lft hands across halfway back to place.  
9-12 M1 and W2 advance setting, turn by rt.  
13-16 M2 and W1 repeat bars 9-12.  
17-20 Cpl 1 cross by rt and cast to 2<sup>nd</sup> (2s step up).  
21-24 Cpl 1 dance ½ fig 8 around 2s.  
25-32 Cpls 2 and 1 dance rts and lfts.

The Black Mountain Reel

- (4) 32R5  
1-4 Cpls 1 and 3 cross by rt, cast one place (2s and 4s step up).  
5-8 Cpls 1 and 3 dance ½ fig 8 around the cpl above, end facing 1<sup>st</sup> crnrs.  
9-16 Cpls 1 and 3 dance crnr, prtnr, crnr, prtnr, end facing 1<sup>st</sup> crnrs.  
17-24 Cpls 1 and 3 dance reel of 4 with 1<sup>st</sup> crnrs to end in middle of dance, ladies up and men down.  
25-28 W1 dance rt hands across with 2s, M1 and W3 dance rt hands across with 4s, and M2 dance rt hands across with 5s.  
29-32 Cpls 1 and 3 turn by lft, cast one place (4s and 5s step up).

**LA FLORA (J8x32) 3C (4C set)**

**Monro RSCDS Bk 27**

- 1- 8 1s+2s dance RH across 1/2 way, 1/2 turn RH, dance LH across 1/2 way & turn LH to places  
9-16 1s petronella to 2<sup>nd</sup> place opposite sides  
17-24 2s+1s+3s circle 6H round & back  
25-32 1s dance reels of 3 on opposite sides giving RSh to person on their right & cross to 2<sup>nd</sup> place own sides

**THE RUTLAND REEL (R8x40) 3C (4C set)**

**Robert Senior The Sunday Class 1**

- 1- 8 1s set & cast 1 place, 1s cross between 3s & cast up to 2<sup>nd</sup> place opposite sides  
9-16 1s+2s dance Ladies Chain & end 1s facing down  
17-24 Reel of 3 on sides, 1s giving RSh to 3s & 1s+3s 1/2 turn RH 2 3(1)  
25-32 3s+1s dance Mens Chain & end 1L facing out with partner ready to follow her  
33-40 1L followed by partner casts up & crosses to own side to end 1s in 2<sup>nd</sup> place own sides, 1s+3s circle 4H round to left

**DALKEITH'S STRATHSPEY (S8x32) 3C (4C set)**

**RSCDS Bk 9**

- 1- 8 1s (with nearer hands joined) set to 2L & circle 3H round to the left, set to 2M & circle 3H round to the left  
9-16 1s lead down the middle (2s step up) & back to end between 2s (BtoB) facing opposite partners  
17-24 1s+2s dance reel of 4 across, 1s end in middle facing 1<sup>st</sup> corner  
25-32 1s turn 1<sup>st</sup> corner RH, partner LH, 2<sup>nd</sup> corner RH & cross LH to own sides

**THE RAKISH HIGHLANDMAN (J8x40) 3C (4C set)**

**T Wilson RSCDS Bk 19**

- 1- 8 1s+2s+3s dance RSh reels of 3 on own sides  
9-16 1s lead down the middle & back to top  
17-24 1s+2s dance Allemande 1s end facing 1<sup>st</sup> corners  
25-32 1s turn 1<sup>st</sup> corners RH & turn partner LH, turn 2<sup>nd</sup> corners RH & pass partner RSh to end in Double Triangle position  
33-40 1s dance Double Triangles

**THE PIPER & THE PENGUIN (R88) Sq.Set**

**R Goldring Scotia Suite**

- 1- 8 Ladies dance RSh round their corners, dance RH across ending in centre  
9-16 Ladies dance LSh round their partners, dance LH across & back to places  
17-24 Men dance RSh round their partners, dance RH across ending in centre  
25-32 Men dance LSh round corners, dance LH across & back to places  
33-40 1s & 3s turn partners RH 1.1/4 times, Men followed by partners dance out between side couples & back to places (1M thru 4s & 3M thru 2s)  
41-48 1s+3s dance R&L  
49-64 2s+4s repeat bars 33-48  
65-72 Ladies dance in turning right about to dance out, cast clockwise to opposite Lady's place  
73-80 Men dance in turning left about to dance out, cast anticlockwise to opposite places  
81-88 All turn partners RH 1.1/4 times into prom hold, Promenade anticlockwise 1/2 way round to original places

**LINNEA'S STRATHSPEY (S8x32) 3C (4C set)**

**T Wilson RSCDS Bk 47**

- 1- 8 1s set & cast 1 place, 1s cross passing LSh & cast RSh round 1<sup>st</sup> corners into face them  
9-16 1s dance 'Hello-Goodbye' setting & end passing RSh to face out in 2<sup>nd</sup> place own sides  
17-24 2s & 3s 3/4 turn RH into middle **while** 1s cast to right picking up 2L/3M and promenade 1/2 way clockwise **as** 2M+3L turn LH 1.1/2 times, 1s dance on to 2<sup>nd</sup> place own sides **while** 3s & 2s 3/4 turn RH. All 3 couples finish in middle facing up 3 1 2  
25-32 3s+1s+2s dance Allemande

**THE FESTIVAL MAN (J8x32) 3C (4C set)**

**S Trafford RSCDS Bk 48**

- 1- 8 1s set, cross down RH to 2<sup>nd</sup> place opposite sides, set, turn LH 3/4 to finish 1L between 2s, 1M between 3s, facing opposite sides  
9-16 1L+2s, 1M+3s dance 1/2 LSh reels of 3 across. 1s pass by Left to continue reels with other couples. 1s finish in middle 1L facing up, 1M facing down  
17-20 1L+2L+3L also 1M+2M+3M dance RH across on own sides  
21-24 1s dance out ends (1L up, 1M down) and cast to Right into 2<sup>nd</sup> place on own side while 2M+3M also 2L+3L set and change place RH on sides  
25-32 3s+1s+2s Set and Rotate for 3 couples

**THE SAILOR (R8x32) 3C (4C set)**

**RSCDS Bk 24**

- 1-8 1s cross down RH to face out between 2s & 3s giving hands to each corner & set, 1s cast round 1<sup>st</sup> corner to form lines of 3 across with 2s/3s & 2s+1s+3s set  
9-16 1s (turning to right) dance RSh reels of 3 across & 1s end passing LSh to 2<sup>nd</sup> place on opposite sides  
17-24 1s lead down for 2 bars & lead up, cross at the top & cast to 2<sup>nd</sup> place on own sides  
25-32 2s+1s dance R&L

**FAIR DONALD (S8x32) 3C (4C set)**

**RSCDS Bk 29**

- 1-8 1s dance down 1 place & cast up on own side to places, dance down 2 places & cast up on own side & face 1<sup>st</sup> corners  
9-16 1s dance diagonal Reel of 4 with 1<sup>st</sup> corners & pass partner LSh to face 2<sup>nd</sup> corners  
17-24 1s dance diagonal Reel of 4 with 2<sup>nd</sup> corners & end in centre facing up between 2s  
25-32 1s cast to 2<sup>nd</sup> place & 2s+1s+3s set, 2s+1s+3s turn partners 2H

**THE ST NICHOLAS BOAT (J8x48) 3C (4C set)**

**J Drewry Canadian Bk**

- 1-8 1s+2s set & dance 3/4 Double Fig of 8 (1s cast to start)  
9-16 2s+1s+3s set, cross RH, set & 1/2 turn RH into centre  
17-24 2s+1s+3s dance a Tandem reel of 3 (Men following partners with 1s giving RSh to 2s to start)  
25-32 1s dance parallel reels of 3 on opp sides (1s RSh to 2s to start) ending with 2M+1M BtoB facing other partner  
33-40 2s+1s dance reel of 4 across (RSh to Ladies) Men end by curving into BtoB position facing own partner  
41-48 2s lead down between 3s as 1s 1/2 turn RH & follow 2s, cross below 3s, cast up (2s to top & 1s to 2<sup>nd</sup> place) & cross RH to own sides

**THE DIAMOND QUARRIE (R8x32) 3C (4C set)**

**E Brunken Dunsmuir Dances**

- 1-8 1s+2s dance Progressive Fig of 8 to change places :- 1s cross RH as 2s set, 1s+2s dance 3/4 double Fig of 8 (2s cross up)  
9-16 1s dance reflection reels of 3 on own side (in & down to start) & end facing 1<sup>st</sup> corners  
17-24 1s dance 'Hello-Goodbye' setting & end facing 3<sup>rd</sup> corners  
25-32 1s dance Pass+Turn with 3<sup>rd</sup> corners & pass RSh to face 4<sup>th</sup> corners, dance Pass+Turn with 4<sup>th</sup> corners to end 2<sup>nd</sup> place own side

**ROUGEMONT CASTLE (S3x32) 3C set**

**D Brown Exeter's 40th Anniversary Book**

- 1-8 1s lead down to bottom & cross to cast up to 2<sup>nd</sup> pl on opp sides, 1s dance 1/2 Fig of 8 (L up round 2s, M down). 2 1 3  
9-16 All cross RH & chase CW 1/4 way into lines across, all change places with partner RH & chase CW to opp sides. (3)(1)(2)  
17-24 1s change places RH with person diagonally to right & new centre couple LH with person diag left, new centre cple RH diag right & 2s (at top) cross RH as 1s & 3s 1/2 turn RH into Allemande hold  
25-32 1s+3s dance Allemande. 2 3 1

**THE DUKE OF ATHOLL'S REEL (J8x32) 2C (4C set)**

**Skillern RSCDS Bk 16**

- 1-8 1s+2s set, dance 1/2 RH across, set & dance 1/2 LH across back to places  
9-16 1M+2L set advancing & turn RH back to places, 1L+2M set advancing & turn RH back to places  
17-24 1s cross RH, cast to 2<sup>nd</sup> place & dance 1/2 Fig of 8 round 2s to 2<sup>nd</sup> place on own sides  
25-32 2s+1s dance R&L

**THE BLACK MOUNTAIN REEL (R5x32) 5C set**

**D Haynes Carnforth Coll 3**

- 1-8 1s & 3s cross RH & cast down 1 place, dance 1/2 Fig of 8 round the couples above them & cross to face 1<sup>st</sup> corners  
9-16 1s & 3s turn 1<sup>st</sup> corners RH & partner LH, turn 2<sup>nd</sup> corner RH & partner LH to face 1<sup>st</sup> corners again  
17-24 1s & 3s dance diagonal reels of 4 with 1<sup>st</sup> corners  
25-32 All dance RH across once round (1L with 2s, 1M+3L with 4s & 3M with 5s), 1s & 3s turn ptrns LH & cast one place



Address 17250 Jackson Creek Pkwy  
Monument, CO 80132

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