

Scottish Country Dancers of Colorado
February Regional Dance

Saturday, February 20, 2016 • 1:00 pm to 4:00 pm
Parker Senior Center • 10675 Longs Way • Parker
Some dances walked through at 12:45.

\$5.00 SCD members • \$6.00 non-members
Students through high school half price.

	Program		
EH3 7AF	8x32J3	(2)	40-6
Milton's Welcome	8x32R3	(3)	33-8
Ythanside	8x32S3	(3)	Drewry, Brodie
On the Go	8x32J2	(3)	Drewry, Australian
Portnacraig	8x32R3	(3)	36-1
Ecstatic	4x32S4	(3)	Rushton, Leaflet
W. James	8x32J3	(2)	Gray, Tweeddale Coll 2
Catch the Wind	8x32H3	(2)	45-2
Silver Strathspey	8x32S3	(3)	44-3
Ambidextrous	8x32J3	(3)	Duncan, BHS 9 for 2015
Golden Wedding Birls	4x48R4	(3)	C Meadley, Leaflet
Aging Gracefully	8x32S3	(3)	47-4
The Bus Pass	8x32J3	(3)	T Meadley, Leaflet
Zytglogge	8x32R3	(3)	Blackburn, Collecta Uris

Share your love of dancing and make Valentine's Day last a bit longer through the month of February. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm.

EH3 7AF (J8x32) 3C (4C set)

R Goldring RSCDS Bk 40

- 1- 8 1s lead down the middle & back to top
- 9-16 1s+2s+3s Promenade ending with 1s casting to 2nd place
- 17-24 1s pass by the right & turn 1st corners RH to end L between 2s & M between 3s, 1s pass by the right & turn 2nd corners RH to end between crnrs
- 25-32 1M dances RH across with 2s & 1L with 3s, 1L dances up between 2s & casts to 2nd place own side **as** 1M dances between 3s & casts up

MILTON'S WELCOME (R8x32) 3C (4C set)

J Bayly RSCDS Bk 33

- 1- 8 1s+2s+3s set, cross RH, 1s+2s+3s set & 1s+3s 3/4 turn RH (to form line up & down centre) **as** 2s cross RH to original places
- 9-16 1s+3s dance reel of 4 in centre of dance end with 1L+3M taking LH **as** partners end on sides
- 17-24 1L+3M 3/4 turn LH to face own sides, dance out & cast behind 2s to original places, 1s+2s+3s turn LH
- 25-32 1s+2s dance Poussette. 2 1 3

YTHANSIDE (S8x32) 3C (4C set)

J Drewry Brodie Bk

- 1- 8 1s set, cross down to 2nd place opposite sides, cast round to right & change places with partner RH to face up/down
- 9-16 1s dance reels of 3 across (RSh to 3rd corner - 1M with 2s & 1L with 3s) & 1s end in lines across 1M between 2s & 1L between 3s
- 17-24 2s+1s+3s set, all change paces RH with opposite person, set, 1s cast clockwise to outside 2nd place own sides **as** 2s+3s 1/2 turn 2H on sides & face out
- 25-32 Men **also** Ladies circle 3H round to left on own sides & 3L/2M lead into 6H round to left to places. 2 1 3

ON THE GO (J8x32) 2C (4C set)

J Drewry Australian Bk

- 1-4 1L+2M turn RH to face out
- 5-8 1L casts and crosses to 2nd place on men's side as 2M casts up and crosses to 1st place on ladies' side while 1M+2L turn 1¼ LH to finish facing partners
- 9-16 Reel of 4 on 2nd diagonal, 1M+2L join left hands in passing and take right hands with partners
- 17-20 1s+2s balance, turn partners ½ RH
- 21-24 1L+2M change by LH while 1M+2L dance up or down the sides to original places, 1M+2M and 1L+2L turn ½ RH
- 25-32 2s+1s circle 4H round and back

PORTNACRAIG (R8x32) 3C (4C set)

L Gaul RSCDS Bk 36

- 1- 8 1s set & 1/2 turn 2H to face 2s, set & 1/2 turn 2s (1M+2L turn RH **as** 1L+2M turn LH) to end in 2nd place on opposite sides
- 9-16 2s+1s+3s Adv+Ret 2 steps & circle 6H round 1/2 way to left
- 17-24 1s dance 1/2 Reels of 4 with 1st corners then 2nd corners to end in 2nd place opposite sides
- 25-32 1s dance 1/2 Fig of 8 round 3s & 2s+1s+3s turn RH

ECSTATIC (S4x32) 4C set

Rushton

- 1- 8 1s+2s+3s set, dance ¼ round CW, set in lines across, dance ¼ round CW to opposite side
- 9-20 3s+2s+1s dance R&L for 3 couples
- 21-24 3s+2s+1s set, cross RH
- 25-32 3s+2s and 1s+4s dance Espagnole

W. JAMES (J8x32) 3C (4C set)

A Gray Tweeddale Coll 2

- 1- 8 1s dance down below 2s & cast back to place, 1s+2s turn RH into...
- 9-16 1s+2s dance Allemande ending with 1s turning RH to...
- 17-24 1s Bal-in-Line with 1st corners & 3/4 turn RH, Bal-in-Line with 2nd corners & turn RH to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round & back

CATCH THE WIND (R8x32) 3C (4C set)

R Butterfield RSCDS Bk 45

- 1- 8 1s set, cast 1 place & dance 1/2 Fig of 8 round 2s
- 9-16 1s set twice with 1L turning to face out, 1L followed by partner casts up & dances down the middle 1L to face 3M **while** 1M faces 2M
- 17-24 1s RSh reels of 3 across (1M with 2s & 1L with 3s)
- 25-32 1L followed by partner dances down cast up round 3M & crosses to end in 2nd place on own sides, 1s turn RH (4 bars)

THE SILVER STRATHSPEY (S8x32) 3C (4C Set)

M Stacey RSCDS Bk 44

- 1- 8 1s set, cast 1 place, 2s+1s+3s set & circle 6H round to left 1/2 way
- 9-12 1s cross RH, cast right into centre **while** 2s+3s set (facing diagonally in) & dance RH across 1/2 way
- 13-16 1s cross up/down RH & cast right to 2nd place own side **while** 2s+3s set & dance RH across 1/2 way
- 17-24 1s dance 1/2 reels of 3 across (1M with 3s at top & 1L with 2s) & 1s turn 2H 1 1/2 times
- 25-32 3s+1s+2s dance the Knot

AMBIDEXTROUS (J8x32) 3C (4C set)

Duncan BHS 9 for 2015

- 1- 8 1s+2s dance 3/4 double Fig 8 (1s dance down, 2s cross up), 2s set as 1s turn 3/4 LH finishing BtoB (1L face up, 1M face down)
- 9-16 1s dance Double Triangles up/down, 2M+3M and 2L+3L change RH on bars 11-12 and 1s petronella turn to 2nd place opposite sides on bars 15-16
- 17-24 1s dance Diagonal R&L (1M up, 1L down) to finish (2)(1)(3)
- 25-32 2s+1s+3s circle 6H round and back
Repeat: Bars 1-6 Men cross in front of Ladies in the 3/4 double Fig 8 and bars 5-8 new 3s and standing top couple cross RH and set

GOLDEN WEDDING BIRLS (R4x48) 4C set

C Meadley

- 1- 8 1M+2M and 1L+2L turn RH 1 1/2, 1s+3s dance LH across
- 9-12 1s birl/turn RH to end facing 1st corner
- 13-20 1s dance RSh reel of 4 with 1st corners and give right hands instead of passing LSh to finish in the middle
- 21-24 1s birl/turn RH to end facing 2nd corners
- 25-32 1s dance RSh reel of 4 with 2nd corners and finish facing down on own side
- 33-40 1s set to 3s, cross down to 3rd place to face 4s as 3s dance up to 2nd, 1s set to 4s, cross down to 4th place as 4s dance up to 3rd
- 41-48 4s+1s dance LH across, 2s+3s+4s+1s birl/turn RH

AGING GRACEFULLY (S8x32) 3C (4C set)

C Bromann RSCDS Bk 47

- 1- 8 1s+2s+3s set to partners & turn 2H twice round & set to partners again
- 9-16 1L+2M set advancing & turn 2H, 1L+2M pass by right to each other's place & set
- 17-24 1M+2L repeat bars 9-16
- 25-32 2s cross down to dance reels of 3 on own sides, 1s crossing up on last 2 bars 2 1 3

THE BUS PASS (J8x32) 3C (4C set)

T Meadley

- 1- 4 1M+2M+3M dance across the top and behind the ladies
- 5-8 Men cast round 3L and dance up the middle while 1L+2L+3L set advancing with near hands joined and turn right about to face up taking partners in promenade hold
- 9-16 1s+2s+3s promenade, 1s cast to end in the middle LSh to LSh facing opposite sides as the 2s dance to the top
- 17-24 1L with 2s and 1M with 3s dance RH across, 1L followed by 2s and 1M followed by 3s dance snake pass
- 25-32 1s turn LH to face out own side, dance LSh 1/2 reels of 3 on own sides

ZYTGLOGGE (R8x32) 3C (4C set)

T Blackburn Collecta Ursis

- 1- 8 1s turn RH & cast 1 place, 1s turn LH to face 1st corners
- 9-12 1s 1/2 turn 1st corners RH **while** 2nd corners set & 1s+2nd corners chase 1 place clockwise **while** 1st corners 3/4 turn LH to face 1s
- 13-16 Repeat bars 9-12 with different dancers to end 1s facing 3rd corner positions with 3s & 2s on opposite sides (3s at top)
- 17-24 Repeat bars 9-16 (all in opposite positions) & 1s end facing 1st corners
- 25-32 1s dance RH across (1L with 2s at top, 1M with 3s), pass RSh & dance LH across with other couple

February Regional

EH3 7AF	Catch the Wind
Milton's Welcome	Silver Strathspey
Ythanside	Ambidextrous
On the Go	Golden Wedding Birls
Portnacraig	Aging Gracefully
Ecstatic	Bus Pass
W. James	Zytlglogge

EH3 7AF

(2)		32J3
1-8	Cpl 1 lead down the middle and up, 2s and 3s step in on bar 8.	
9-16	Cpls 1, 2, 3 promenade; 1s cast to 2 nd and 2s dance to 1 st .	
17-20	Cpl 1 pass by rt and turn 1 st cmrs by rt to finish between 2s and 3s.	
21-24	Cpl 1 pass by rt and turn 2 nd cmrs by rt to finish in 2 nd on opp sides.	
25-28	M1 with 2s and W1 with 3s dance rt hands across once round.	
29-32	W1 cross up between 2s and cast down while M2 cross down between 3s and cast up to end in 2 nd .	

Milton's Welcome

(3)		32R3
1-8	Cpls 1, 2, 3 set, cross by rt, set, cpls 1 and 3 turn $\frac{3}{4}$ by rt while 2s cross by rt.	
9-16	Cpls 1 and 3 dance reel of 4. M1 and W3 end in original places, while M3 and W1 begin a turn by lft.	
17-20	M3 and W1 finish the turn, dance out their own sides and cast to original places.	
21-24	Cpls 1, 2, 3 turn by lft. 3s end in own places while cpls 1 and 2 end ready for poussette.	
25-32	Cpls 1 and 2 dance poussette.	

Ythanside

(3)		32S3
1-8	Cpl 1 sets, crosses down by the rt, casts rt round 1 st cmrs, changes up and down by the rt to finish facing down and up between 2s and 3s.	
9-16	Cpl 1 dances rt shldr reels of 3 across the dance to finish in lines across.	
17-24	Set in lines across, all change by rt with opp, set in lines across, and 1s cast to outside 2 nd place on own sides while M2 with M3 and W2 with W3 turn halfway with both hands to face out.	
25-32	Men and women circle 3 hands once round to lft on own sides and with M2 and W3 leading, open into circle 6 hands round to lft.	

On the Go

(3)		32J2
1-4	W1 and M2 turn by the rt and face out own side.	
5-8	W1 and M2 cast down or up and dance across the set to each other's original place while M1 and W2 turn by the lft to face prtnr.	
9-16	Reel of 4 on the second diagonal. M1 and W2 join lft hands in passing and take prtnr by the rt hand.	
17-20	Balance in line and turn prtnrs $\frac{1}{2}$ by the rt.	
21-24	W1 and M2 change by lft while M1 and W2 dance up or down the side to original places. M1 with M2 and W1 with W2 turn $\frac{1}{2}$ by rt.	
25-32	Cpls 2 and 1 circle 4 hands round and back.	

Portnacraig

(3)		32R3
1-4	Cpl 1 set and turn two hands halfway to face 2s diagonally with near hands joined.	
5-8	W1 sets to M2 and turns $\frac{1}{2}$ by lft, while M1 sets to W2 and turns $\frac{1}{2}$ by rt.	
9-16	Cpls 2, 1, 3 advance and retire and circle 6 hands round to the lft halfway.	
17-24	Cpl 1 dance half diagonal reels of 4 with 1 st cmrs and half diagonal reels of 4 with 2 nd cmrs.	
25-28	Cpl 1 dance half fig 8 around cpl 3.	
29-32	Cpls 2, 1, 3 turn by the rt.	

Ecstatic

(3)		32S4
1-8	Cpls 1, 2, 3 set on the sides, dance $\frac{1}{4}$ round CW, set in lines across, and dance $\frac{1}{4}$ round CW to finish on opp sides.	
9-20	Cpls 3, 2, 1 dance rts and lfts for three cpls.	
21-24	Cpls 3, 2, 1 set on opp sides and cross by rt.	
25-32	Cpl 3 with cpl2 and cpl 1 with cpl 4 dance the espagnole.	

W. James

(2)		32J3
1-8	1s dance between 2s and cast up to place. 1s and 2s turn by rt, end facing up retaining rt hand.	
9-16	1s and 2s dance allemande. 1s finish by turning with rt hand, retain hands and join lft hands with 1st cmr.	
17-24	1s balance with 1st cmrs, turn by rt, balance with 2 nd cmrs, and turn by rt to place.	
25-32	2s, 1s, 3s circle 6 hands round and back.	

Catch the Wind

(2)		32H3
1-8	Cpl 1 set and cast, 2s step up. Cpl 1 dance $\frac{1}{2}$ fig 8 around the 2s.	
9-12	Cpl 1 set twice, W1 pull back rt shldr to face out on bars 11-12.	
13-16	W1 followed by prtnr cast up round M2 and dance down to end W1 between 3s and M1 between 2s facing the men's side of the dance.	
17-24	Rt shldr reels of 3 across the dance.	
25-28	W1 followed by prtnr dance down and cast round M3 and end on own sides in 2 nd .	
25-32	Cpl 1 turn by rt.	

Silver Strathspey

(3)		32S3
1-4	1s set and cast as the 2s step up.	
5-8	2s, 1s, 3s set and circle lft halfway to finish on opp sides with 3s and 2s facing in diagonally.	
9-12	1s cross by rt and cast rt to end W1 between the 3s and M1 between the 2s, while 3s and 2s set and dance rt hands across halfway to place.	
13-16	1s change by rt and cast rt to 2 nd place on own sides, while 2s and 3s set and dance rt hands across halfway to end 3s at the top and 2s at the bottom on opp sides.	
17-20	1s dance $\frac{1}{2}$ rt shldr reels of 3 across the dance, W1 with the 2s and M1 with the 3s.	
21-24	1s turn $1\frac{1}{2}$ by rt.	
25-32	3s, 1s, 2s dance the knot.	

Ambidextrous

32J3

- (3)
- 1-8 Cpls 1 and 2 dance ¾ double fig 8, 1s dancing down the sides as the 2s cross up to begin. 2s set while 1s turn ¾ by lft to finish back to back in the middle, lady face up and man face down.
- 9-16 Cpl 1 dance double triangles and petronella to end on opp side. Corners change by rt on the sides on bars 11-12.
- 17-24 Cpl 1 dances diagonal rts and lfts, man up and lady down. Cpls finish on opp sides.
- 25-32 Circle 6 hands round and back.

Repeat the 2nd turn of the dance with the gender roles reversed. Men cross in front of ladies in the ¾ double fig 8. New 3s and standing cpl at the top cross by rt and set on bars 5-8.

Golden Wedding Birls

48R4

- (3)
- 1-4 M1 with M2 and W1 with W2 turn 1½ by rt to change places.
- 5-8 1s dance lft hands across with the 3s.
- 9-12 1s birl/turn by the rt to finish facing 1st cnrns.
- 13-20 1s dance reel of 4 with 1st cnrns.
- 21-24 1s birl/turn by the rt to finish facing 2nd cnrns.
- 25-32 1s dance reel of 4 with 2nd cnrns.
- 33-36 Facing down, 1s set to the 3s and cross down to 3rd as the 3s dance up.
- 37-40 1s set to the 4s and cross down to 4th as the 4s dance up.
- 41-44 1s and 4s dance lft hands across.
- 45-48 All birl/turn by the rt.

Aging Gracefully

32S3

- (3)
- 1-8 1s, 2s, 3s set, turn twice with both hands, and set.
- 9-16 W1 and M2 set advancing, turn with both hands, pass rt shldr to dance into each other's place, and set.
- 17-24 M1 and W2 repeat bars 9-16.
- 25-32 2s, 1s, 3s dance reels of 3 on the sides; 2s crossing down to own side and 1s dancing out and up to begin. 1s cross up to 2nd place on own side on at the end of the reel.

The Bus Pass

32J3

- (3)
- 1-4 Men dance across the top and behind the ladies' line.
- 5-8 Men dance below the ladies and up the middle of the set, while the ladies join hands to set advancing and turn rt about to face up joining hands with prtner in promenade hold.
- 9-16 All dance promenade. 1s cast to 2nd as the 2s dance to the top. 1s finish lft shldr to lft shldr facing opp sides.
- 17-20 1s dance rt hands across, lady up man down, to finish as they started.
- 21-24 All dance a snake pass to change ends.
- 25-28 1s turn by lft to face out in 2nd place.
- 29-32 1s dance 1/2 lft shldr reels of 3 on own sides.

Zytglogge

32R3

- (3)
- 1-8 Cpl 1 turn by rt, cast, and turn by lft to face 1st cnrns.
- 9-12 Cpl 1 and 1st cnrns change by rt while 2nd cnrns set. Cpl 1 and 2nd cnrns dance one place CW while 1st cnrns turn ¾ by lft to face cpl 1.
- 13-16 Cpl 1 and 1st cnrns change by rt while 2nd cnrns set. 1st and 2nd cnrns dance one place CW while cpl 1 turns ¾ by lft to face 1st cnrns in opp positions.
- 17-24 Repeat bars 9-16. Cpl 1 finishes facing 1st cnrns.
- 25-32 Cpl 1 dance rt hands across on the ends, pass rt shldrs, and dance lft hands across at the other end.

