

Scottish Country Dancers of Colorado
January Regional Dance

Saturday, January 16, 2016 • 2:00 pm to 5:00 pm
Brookside Gardens • 619 E State Hwy 56, Berthoud CO 80513

\$5.00 SCD members • \$6.00 non-members
Students through high school half price.

Program		
The Bus Pass	8x32J3	(3)
Zytglogge	8x32R3	(3)
Aging Gracefully	8x32S3	(3)
On the Go	8x32J2	(3)
Golden Wedding Birls	4x48R4	(3)
Ythanside	8x32S3	(3)
Abbot of Unreason	8x32J3	(3)
Tap the Barrel	6x32R3	(2)
Old and Dangerous	8x32S2	(4)
Gothenburg's Welcome	8x32J3	(3)
Milton's Welcome	8x32R3	(3)
Silver Strathspey	8x32S3	(3)
Ambidextrous	8x32J3	(3)
Portnacraig	8x32R3	(3)

I hope you made that resolution to dance more this year. Here's your first opportunity to strengthen that promise to yourself. Join us for the January Regional dance at a new location in Berthoud. Bring refreshments to share with your fellow dancers, and as always bring your enthusiasm.

THE BUS PASS (J8x32) 3C (4C set)**T Meadley**

- 1- 4 1M+2M+3M dance across the top and behind the ladies
 5-8 Men cast round 3L and dance up the middle while 1L+2L+3L set advancing with near hands joined and turn right about to face up taking partners in promenade hold
 9-16 1s+2s+3s promenade, 1s cast to end in the middle LSh to LSh facing opposite sides as the 2s dance to the top
 17-24 1L with 2s and 1M with 3s dance RH across, 1L followed by 2s and 1M followed by 3s dance snake pass
 25-32 1s turn LH to face out own side, dance LSh $\frac{1}{2}$ reels of 3 on own sides

ZYTGLOGGE (R8x32) 3C (4C set)**T Blackburn Collecta Ursis**

- 1- 8 1s turn RH & cast 1 place, 1s turn LH to face 1st corners
 9-12 1s 1/2 turn 1st corners RH **while** 2nd corners set & 1s+2nd corners chase 1 place clockwise **while** 1st corners 3/4 turn LH to face 1s
 13-16 Repeat bars 9-12 with different dancers to end 1s facing 3rd corner positions with 3s & 2s on opposite sides (3s at top)
 17-24 Repeat bars 9-16 (all in opposite positions) & 1s end facing 1st corners
 25-32 1s dance RH across (1L with 2s at top, 1M with 3s), pass RSh & dance LH across with other couple

AGING GRACEFULLY (S8x32) 3C (4C set)**C Bromann RSCDS Bk 47**

- 1- 8 1s+2s+3s set to partners & turn 2H twice round & set to partners again
 9-16 1L+2M set advancing & turn 2H, 1L+2M pass by right to each other's place & set
 17-24 1M+2L repeat bars 9-16
 25-32 2s cross down to dance reels of 3 on own sides, 1s crossing up on last 2 bars 2 1 3

ON THE GO (J8x32) 2C (4C set)**Drewry Australian**

- 1-4 1L+2M turn RH to face out
 5-8 1L casts and crosses to 2nd place on men's side as 2M casts up and crosses to 1st place on ladies' side **while** 1M+2L turn 1½ LH to finish facing partners
 9-16 Reel of 4 on 2nd diagonal, 1M+2L join left hands in passing and take right hands with partners
 17-20 1s+2s balance, turn partners ½ RH
 21-24 1L+2M change by LH while 1M+2L dance up or down the sides to original places, 1M+2M and 1L+2L turn ½ RH
 25-32 2s+1s circle 4H round and back

GOLDEN WEDDING BIRLS (R4x48) 4C set**C Meadley**

- 1- 8 1M+2M and 1L+2L turn RH 1½, 1s+3s dance LH across
 9-12 1s birl/turn RH to end facing 1st corner
 13-20 1s dance RSh reel of 4 with 1st corners and give right hands instead of passing LSh to finish in the middle
 21-24 1s birl/turn RH to end facing 2nd corners
 25-32 1s dance RSh reel of 4 with 2nd corners and finish facing down on own side
 33-40 1s set to 3s, cross down to 3rd place to face 4s as 3s dance up to 2nd, 1s set to 4s, cross down to 4th place as 4s dance up to 3rd
 41-48 4s+1s dance LH across, 2s+3s+4s+1s birl/turn RH

YTHANSIDE (S3x32) 3C (4C set)**J Drewry Brodie**

- 1- 8 1s set, cross down to 2nd place opposite sides, cast round to right & change places with partner RH to face up/down
 9-16 1s dance reels of 3 across (RSh to 3rd corner - 1M with 2s & 1L with 3s) & 1s end in lines across 1M between 2s & 1L between 3s
 17-24 2s+1s+3s set, all change places RH with opposite person, set, 1s cast clockwise to outside 2nd place own sides **as** 2s+3s ½ turn 2H on sides & face out
 25-32 Men **also** Ladies circle 3H round to left on own sides and 2L/3M lead into 6H round to left to places

THE ABBOT OF UNREASON (J8x32) 3C (4C set)**M Levy Tin Woodman**

- 1- 8 1s dance down, 1L dances under 1M arm **as** he dances round below her & dance up to 2nd place BtoB in the middle facing opposite sides
 9-16 1s set (**as** in Double Triangles), turn 1st corner RH, set again in Double Triangles & turn 2nd corners LH
 17-24 1s reel of 3 on the sides giving RSh to 1st corners & cross to 2nd place own sides
 25-32 All set 1 (PdB on R foot) & circle 6H round to left, all set (PdB on L foot) & circle 6H round to right

TAP THE BARREL (R3x32) 3C set**S Burridge Ness House 2**

- 1- 8 1L+3M change places RH, 1M +3L change places RH, 2s cross RH & all 1/2 turn into Allemande hold
 9-16 All dance Allemande
 17-24 1s set & cast 1 place, 3s set & cast up 1 place
 25-32 All circle 6H round & back

OLD AND DANGEROUS (S8x32) 2C (4c set)**G Thomas**

- 1-8 1s+2s set, 1L cast down and 2M cast up while 1M+2L pass LSh to face partner, $\frac{1}{2}$ reel of 4 on the 1st diagonal
 9-16 Revolving Chain -
 9-10 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now up and down the set)
 11-12 1M+2M and 2L+1L change RH, 2M and 1L dance CW while 1M+2L change LH (line is now on 2nd diagonal)
 13-14 1s+2s change RH, 1M and 2L dance CW while 1L+2M change LH (line is now across the set)
 15-16 1M+2M and 1L+2L turn RH $\frac{3}{4}$ to progress (1M and 2L remain facing out)
 17-24 1M cast up and 2L cast down, dance BtoB, and set while 1L and 2M dance BtoB and set twice advancing (past retiring dancer and past each other) to face partner
 25-32 1s+2s turn BH, dance $\frac{1}{2}$ poussette, and set

GOTHENBURG'S WELCOME (J8x32) 3C (4C set)**B Munro RSCDS Bk 37**

- 1- 4 1s cast 1 place & set advancing to 1st corner
 5-16 1s Dance to Each Corner & Set: -
 ` 5- 6 1s change places with 1st corners passing RSh & 1st corners pass RSh with a 1/4 turn to right in centre to face 2nd corners (**as** 2nd corners set),
 ` 7- 8 Original 1st crnrs change places with 2nd crnrs passing RSh & 2nd crnrs pass RSh with a 1/4 turn to right to face 1s in 3rd crnr (pstn) **as** 1s set
 ` 9-10 Original 2nd corners change places with 1s passing RSh & 1s pass RSh with a 1/4 turn to right to face 2nd corner (pstn) **as** orig 1st corners set
 ` 11-16 Repeat this Fig once more until 1s end in centre facing 3rd corner positions with 3s & 2s in 1st & 3rd places opposite sides
 17-24 1s dance 1/2 diagonal Reel of 4 with 3rd corner & 1/2 diagonal Reel with 4th corners
 25-32 1s dance RH hands across (L with 2s & M with 3s) & 2s+1s+3s turn RH

MILTON'S WELCOME (R8x32) 3C (4C set)**J Bayly RSCDS Bk 33**

- 1- 8 1s+2s+3s set, cross RH, 1s+2s+3s set & 1s+3s 3/4 turn RH (to form line up & down centre) **as** 2s cross RH to original places
 9-16 1s+3s dance reel of 4 in centre of dance end with 1L+3M taking LH **as** partners end on sides
 17-24 1L+3M 3/4 turn LH to face own sides, dance out & cast behind 2s to original places, 1s+2s+3s turn LH
 25-32 1s+2s dance Poussette. 2 1 3

THE SILVER STRATHSPEY (S8x32) 3C (4C Set)**M Stacey RSCDS Bk 44**

- 1- 8 1s set, cast 1 place, 2s+1s+3s set & circle 6H round to left 1/2 way
 9-12 1s cross RH, cast right into centre **while** 2s+3s set (facing diagonally in) & dance RH across 1/2 way
 13-16 1s cross up/down RH & cast right to 2nd place own side **while** 2s+3s set & dance RH across 1/2 way
 17-24 1s dance 1/2 reels of 3 across (1M with 3s at top & 1L with 2s) & 1s turn 2H 1.1/2 times
 25-32 3s+1s+2s dance the Knot

AMBIDEXTROUS (J8x32) 3C (4C set)**Duncan BHS 9 for 2015**

- 1- 8 1s+2s dance $\frac{3}{4}$ double Fig 8 (1s dance down, 2s cross up), 2s set as 1s turn $\frac{3}{4}$ LH finishing BtoB (1L face up, 1M face down)
 9-16 1s dance Double Triangles up/down, 2M+3M and 2L+3L change RH on bars 11-12 and 1s petronella turn to 2nd place opposite sides on bars 15-16
 17-24 1s dance Diagonal R&L (1M up, 1L down) to finish (2)(1)(3)
 25-32 2s+1s+3s circle 6H round and back
 Repeat: Bars 1-6 Men cross in front of Ladies in the $\frac{3}{4}$ double Fig 8 and bars 5-8 new 3s and standing top couple cross RH and set

PORTNACRAIG (R8x32) 3C (4C set)**L Gaul RSCDS Bk 36**

- 1- 8 1s set & 1/2 turn 2H to face 2s, set & 1/2 turn 2s (1M+2L turn RH **as** 1L+2M turn LH) to end in 2nd place on opposite sides
 9-16 2s+1s+3s Adv+Ret 2 steps & circle 6H round 1/2 way to left
 17-24 1s dance 1/2 Reels of 4 with 1st corners then 2nd corners to end in 2nd place opposite sides
 25-32 1s dance 1/2 Fig of 8 round 3s & 2s+1s+3s turn RH

January Regional

Bus Pass	Tap the Barrel
Zytglogge	Old and Dangerous
Aging Gracefully	Gothenburg's Welcome
On the Go	Milton's Welcome
Golden Wedding Birls	Silver Strathspey
Ythanside	Ambidextrous
Abbot of Unreason	Portnacraig

The Bus Pass

(3)		32J3
1-4	Men dance across the top and behind the ladies' line.	
5-8	Men dance below the ladies and up the middle of the set, while the ladies join hands to set advancing and turn rt about to face up joining hands with prtnr in promenade hold.	
9-16	All dance promenade. 1s cast to 2 nd as the 2s dance to the top. 1s finish lft shldr to lft shldr facing opp sides.	
17-20	1s dance rt hands across, lady up man down, to finish as they started.	
21-24	All dance a snake pass to change ends.	
25-28	1s turn by lft to face out in 2 nd place.	
29-32	1s dance 1/2 lft shldr reels of 3 on own sides.	

Zytglogge

(3)		32R
1-8	Cpl 1 turn by rt, cast, and turn by lft to face 1 st crnrs.	
9-12	Cpl 1 and 1 st crnrs change by rt while 2 nd crnrs set. Cpl 1 and 2 nd crnrs dance one place CW while 1 st crnrs turn ¾ by lft to face cpl 1.	
13-16	Cpl 1 and 1 st crnrs change by rt while 2 nd crnrs set. 1 st and 2 nd crnrs dance one place CW while cpl 1 turns ¾ by lft to face 1 st crnrs in opp positions.	
17-24	Repeat bars 9-16. Cpl 1 finishes facing 1 st crnrs.	
25-32	Cpl 1 dance rt hands across on the ends, pass rt shldrs, and dance lft hands across at the other end.	

Aging Gracefully

(3)		32S3
1-8	1s, 2s, 3s set, turn twice with both hands, and set.	
9-16	W1 and M2 set advancing, turn with both hands, pass rt shldr to dance into each other's place, and set.	
17-24	M1 and W2 repeat bars 9-16.	
25-32	2s, 1s, 3s dance reels of 3 on the sides; 2s crossing down to own side and 1s dancing out and up to begin. 1s cross up to 2 nd place on own side on at the end of the reel.	

On the Go

(3)		32J2
1-4	W1 and M2 turn by rt and face out own side.	
5-8	W1 and M2 cast down or up and dance across the set to each other's original place while M1 and W2 turn by the lft to face prtnr.	
9-16	Reel of 4 on the second diagonal. M1 and W2 join lft hands in passing and take prtnr by the rt hand.	
17-20	Balance in line and turn prtnrs ½ by the rt.	
21-24	W1 and M2 change by lft while M1 and W2 dance up or down the side to original places. M1 with M2 and W1 with W2 turn ½ by rt.	
25-32	Cpls 2 and 1 circle 4 hands round and back.	

Golden Wedding Birls

(3)		48R4
1-4	M1 with M2 and W1 with W2 turn ½ by rt to change places.	
5-8	1s dance lft hands across with the 3s.	
9-12	1s birl/turn by the rt to finish facing 1 st crnrs.	
13-20	1s dance reel of 4 with 1 st crnrs.	
21-24	1s birl/turn by the rt to finish facing 2 nd crnrs.	
25-32	1s dance reel of 4 with 2 nd crnrs.	
33-36	Facing down, 1s set to the 3s and cross down to 3 rd as the 3s dance up.	
37-40	1s set to the 4s and cross down to 4 th as the 4s dance up.	
41-44	1s and 4s dance lft hands across.	
45-48	All birl/turn by the rt.	

Ythanside

(3)		32S3
1-8	Cpl 1 sets, crosses down by the rt, casts rt round 1 st crnrs, changes up and down by the rt to finish facing down and up between 2s and 3s.	
9-16	Cpl 1 dances rt shldr reels of 3 across the dance to finish in lines across.	
17-24	Set in lines across, all change by rt with opp, set in lines across, and 1s cast to outside 2 nd place on own sides while M2 with M3 and W2 with W3 turn halfway with both hands to face out.	
25-32	Men and women circle 3 hands once round to lft on own sides and with M2 and W3 leading, open into circle 6 hands round to lft.	

The Abbot of Unreason

(3)		32J3
1-4	Cpl 1 dances down the middle, 2s step up on bars 3-4.	
5-8	W1 dances under the arm of M1 as he dances below her, and they dance up to finish back to back in 2 nd place facing opp sides.	
9-16	Cpls 2, 1, 3 set as in double triangles, 1s turn 1 st crnr by rt, cpls 2, 1, 3 set as in double triangles, and 1s turn 2 nd crnr by lft.	
17-24	Cpl 2, 1, 3 dance reels of 3 on the sides. Cpl 1 give rt shldr to 1 st crnrs to begin and cross back from 2 nd crnrs position to own side in 2 nd place on bars 23-24.	
25-32	All set rt and circle lft and set lft and circle rt.	

Tap the Barrel

(2)		32R3
1-8	W1 and M3 change by rt. M1 and W3 change by rt. Cpl 2 crosses by rt. All turn by rt halfway into allemande hold.	
9-16	Cpls 3, 2, 1 dance allemande.	
17-24	Cpl 1 sets and casts to 2 nd place as 2s step up. Cpl 3 sets and casts up to 2 nd place as the 1s step down.	
25-32	Circle 6 hands round and back.	

<u>Old and Dangerous</u>			<u>Ambidextrous</u>
(4)		32S2	32J3
1-4	Cpls 1 and 2 set, W1 cast down and M2 cast up while M1 and W2 pass lft shldrs to face prtnr on the 1 st diagonal.		Cpls 1 and 2 dance ¾ double fig 8, 1s dancing down the sides as the 2s cross up to begin. 2s set while 1s turn ¾ by lft to finish back to back in the middle, lady face up and man face down.
5-8	Cpls 1 and 2 dance ½ reel of 4.		Cpl 1 dance double triangles and petronella to end on opp side. Corners change by rt on the sides on bars 11-12.
9-10	Cpls 1 and 2 change by rt with prtnr, M1 and W2 dance CW while W1 and M2 turn by lft to finish in a line up and down the set.		Cpl 1 dances diagonal rts and lfts, man up and lady down. Cpls finish on opp sides.
11-12	M1 with M2 and W1 with W2 change by rt, M2 and W1 dance CW while M1 and W2 turn by lft to finish in a line on the 2 nd diagonal.		Circle 6 hands round and back.
13-14	Cpls 1 and 2 change by rt with prtnr, M1 and W2 dance CW while W1 and M2 turn by lft to finish in a line across the set.		
15-16	M1 with M2 and W1 with W2 turn ¾ by rt to end progressed with M1 and W2 facing out.		Repeat the 2 nd turn of the dance with the gender roles reversed. Men cross in front of ladies in the ¾ double fig 8. New 3s and standing cpl at the top cross by rt and set on bars 5-8.
17-24	M1 casts up and W2 casts down, dance back to back, and set; while W1 and M2 dance back to back, set twice advancing past retiring person and each other to face prtnrs.		
25-32	Cpls 1 and 2 turn prtnrs with both hands, dance ½ pousette, and set on the sides.		
<u>Gothenburg's Welcome</u>			<u>Portnacraig</u>
(4)		32J3	32R3
1-4	Cpl 1 cast to 2 nd and dance pas de basque to finish back to back facing 1 st crnrs.		Cpl 1 set and turn two hands halfway to face 2s diagonally with near hands joined.
5-16	Dance to crnr and set. Finish with 3s in 1 st place on opp sides, 2s in 3rd place on opp sides, and 1s facing 1 st crnrs on opp sides.		W1 sets to M2 and turns ½ by lft, while M1 sets to W2 and turns ½ by rt.
17-20	Cpl 1 dance ½ reel of 4 with 1 st crnrs, pass by rt to face 2 nd crnrs.		Cpls 2, 1, 3 advance and retire and circle 6 hands round to the lft halfway.
21-24	Cpl 1 dance ½ reel of 4 with 2 nd crnrs, end in middle lft shldr to lft shldr facing opp sides.		Cpl 1 dance half diagonal reels of 4 with 1 st crnrs and half diagonal reels of 4 with 2 nd crnrs.
25-28	W1 and M1 dance rt hands across at top and bottom, end on the sides.		Cpl 1 dance half fig 8 around cpl 3.
29-32	Cpls 2, 1, 3 turn by rt.		Cpls 2, 1, 3 turn by the rt.
<u>Milton's Welcome</u>			
(3)		32R3	
1-8	Cpls 1, 2, 3 set, cross by rt, set, cpls 1 and 3 turn ¾ by rt while 2s cross by rt.		
9-16	Cpls 1 and 3 dance reel of 4. M1 and W3 end in original places, while M3 and W1 begin a turn by lft.		
17-20	M3 and W1 finish the turn, dance out their own sides and cast to original places.		
21-24	Cpls 1, 2, 3 turn by lft. 3S end in own places while cpls 1 and 2 end ready for pousette.		
25-32	Cpls 1 and 2 dance pousette.		
<u>Silver Strathspey</u>			
(3)		32S3	
1-4	1s set and cast as the 2s step up.		
5-8	2s, 1s, 3s set and circle lft halfway to finish on opp sides with 3s and 2s facing in diagonally.		
9-12	1s cross by rt and cast rt to end W1 between the 3s and M1 between the 2s, while 3s and 2s set and dance rt hands across halfway to place.		
13-16	1s change by rt and cast rt to 2 nd place on own sides, while 2s and 3s set and dance rt hands across halfway to end 3s at the top and 2s at the bottom on opp sides.		
17-20	1s dance ½ rt shldr reels of 3 across the dance, W1 with the 2s and M1 with the 3s.		
21-24	1s turn 1½ by rt.		
25-32	3s, 1s, 2s dance the knot.		