

Scottish Country Dancers of Colorado  
cordially invite you to the

## ***Heather and Thistle Ball***

Saturday, 7:00 pm, March 19, 2016  
Sodal Hall in the Avalon  
6185 Arapahoe, Boulder CO

***Music by  
Unstrung Heroes***

Cost in advance: \$25.00 per person/\$50.00 per family  
Cost at the door: \$30.00 per person/\$60.00 per family

Formal or semi-formal attire is requested.  
Refreshments will be provided.

To get the advance price, make your reservations with the  
teacher of your area class or contact Darla Landfair at:  
[spanielmom02@yahoo.com](mailto:spanielmom02@yahoo.com).

It will help us to have your reservation by March 17.



Scottish Country Dancers of Colorado  
**Heather & Thistle Ball**

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	Program		
EH3 7AF	8x32J3	(2)	40-6
Portnacraig	8x32R3	(3)	36-1
Ythanside	8x32S3	(3)	Drewry, Brodie
On the Go	8x32J2	(3)	Drewry, Australian
Zytglogge	8x32R3	(3)	Blackburn, Collecta Uris
Ecstatic	4x32S4	(3)	Rushton, Leaflet
St. Andrew's Gardens	8x32J3	(3)	35-7
Dancing in the Street	4x32R4	(3)	42-4
It's nae Bother	8x32J2	(2)	Graded 2-13
The Lanes of Au	3x32R3	(4)	32-3
Sleepless in Greeley	8x32S2	(3)	Hanson, Leaflet
Ambidextrous	8x32J3	(3)	Duncan, BHS 9 for 2015
Catch the Wind	8x32H3	(2)	45-2
Corian Strathspey	3x32S3	(3)	47-4
W. James	8x32J3	(2)	Gray, Tweeddale Coll 2

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**EH3 7AF (J8x32) 3C (4C set)****R Goldring RSCDS Bk 40**

- 1- 8 1s lead down the middle & back to top  
 9-16 1s+2s+3s Promenade ending with 1s casting to 2<sup>nd</sup> place  
 17-24 1s pass by the right & turn 1<sup>st</sup> corners RH to end L between 2s & M between 3s, 1s pass by the right & turn 2<sup>nd</sup> corners RH to end between crnrs  
 25-32 1M dances RH across with 2s & 1L with 3s, 1L dances up between 2s & casts to 2<sup>nd</sup> place own side **as** 1M dances between 3s & casts up

**PORTNACRAIG (R8x32) 3C (4C set)****L Gaul RSCDS Bk 36**

- 1- 8 1s set & 1/2 turn 2H to face 2s, set & 1/2 turn 2s (1M+2L turn RH **as** 1L+2M turn LH) to end in 2<sup>nd</sup> place on opposite sides  
 9-16 2s+1s+3s Adv+Ret 2 steps & circle 6H round 1/2 way to left  
 17-24 1s dance 1/2 Reels of 4 with 1<sup>st</sup> corners then 2<sup>nd</sup> corners to end in 2<sup>nd</sup> place opposite sides  
 25-32 1s dance 1/2 Fig of 8 round 3s & 2s+1s+3s turn RH

**YTHANSIDE (S8x32) 3C (4C set)****J Drewry Brodie Bk**

- 1- 8 1s set, cross down to 2<sup>nd</sup> place opposite sides, cast round to right & change places with partner RH to face up/down  
 9-16 1s dance reels of 3 across (RSh to 3<sup>rd</sup> corner - 1M with 2s & 1L with 3s) & 1s end in lines across 1M between 2s & 1L between 3s  
 17-24 2s+1s+3s set, all change paces RH with opposite person, set, 1s cast clockwise to outside 2<sup>nd</sup> place own sides **as** 2s+3s 1/2 turn 2H on sides & face out  
 25-32 Men **also** Ladies circle 3H round to left on own sides & 3L/2M lead into 6H round to left to places. 2 1 3

**ON THE GO (J8x32) 2C (4C set)****J Drewry Australian Bk**

- 1-4 1L+2M turn RH to face out  
 5-8 1L casts and crosses to 2<sup>nd</sup> place on men's side as 2M casts up and crosses to 1<sup>st</sup> place on ladies' side while 1M+2L turn 1/4 LH to finish facing partners  
 9-16 Reel of 4 on 2<sup>nd</sup> diagonal, 1M+2L join left hands in passing and take right hands with partners  
 17-20 1s+2s balance, turn partners 1/2 RH  
 21-24 1L+2M change by LH while 1M+2L dance up or down the sides to original places, 1M+2M and 1L+2L turn 1/2 RH  
 25-32 2s+1s circle 4H round and back

**ZYTGLOGGE (R8x32) 3C (4C set)****T Blackburn Collecta Ursis**

- 1- 8 1s turn RH & cast 1 place, 1s turn LH to face 1<sup>st</sup> corners  
 9-12 1s 1/2 turn 1<sup>st</sup> corners RH **while** 2<sup>nd</sup> corners set & 1s+2<sup>nd</sup> corners chase 1 place clockwise **while** 1<sup>st</sup> corners 3/4 turn LH to face 1s  
 13-16 Repeat bars 9-12 with different dancers to end 1s facing 3<sup>rd</sup> corner positions with 3s & 2s on opposite sides (3s at top)  
 17-24 Repeat bars 9-16 (all in opposite positions) & 1s end facing 1<sup>st</sup> corners  
 25-32 1s dance RH across (1L with 2s at top, 1M with 3s), pass RSh & dance LH across with other couple

**ECSTATIC (S4x32) 4C set****Rushton**

- 1- 8 1s+2s+3s set, dance 1/4 round CW, set in lines across, dance 1/4 round CW to opposite side  
 9-20 3s+2s+1s dance R&L for 3 couples  
 21-24 3s+2s+1s set, cross RH  
 25-32 3s+2s and 1s+4s dance Espagnole

**ST ANDREWS GARDENS (J8x32) 3C (4C set)****B Grant RSCDS Bk 35**

- 1- 8 1L+2L **also** 1M+2M change places LH on sides, set to partners, 2s+1s circle 4H round to right  
 9-16 1s dance in, cast left, 1s dance in & turn to face 1<sup>st</sup> corner, turn RH (end 1L between 2s & 1M between 3s) & 2s+1s+3s set in line across  
 17-24 1s dance in, cast left, 1s dance in & turn to face 2<sup>nd</sup> corners, turn RH to end 2<sup>nd</sup> place opposite sides & 2s+1s+3s set  
 25-32 2s+1s+3s Adv+Ret, 1s turn 2H (PdB) & retire to own sides

**DANCING IN THE STREET 1 (R4x32) 4C set****T Toriyama RSCDS Bk 42**

- 1- 8 1s+3s turn 3/4 RH, dance 1/2 reel of 4 in centre, 3s+1s turn 3/4 RH to own sides. 3 2 1 4  
 9-16 3s+2s **also** 1s+4s dance RH across & LH across (remain facing anticlockwise)  
 17-24 All chase 1/2 way & circle 8H round to right 1/2 way ready for...  
 25-32 3s+2s **also** 1s+4s dance Poussette to end 2 3 4 1

**IT'S NAE BOTHER (J8x32) 2C (4C set)**

**D Haynes Carnforth Coll 4**

- 1- 8 1s+2s set, Ladies cross, passing partners RSh chase clockwise to own side (having changed places)
- 9-16 1s+2s dance RH across & LH back
- 17-24 1s+2s set, Men cross, passing opposite Lady RSh chase clockwise to own sides
- 25-32 2s+1s dance R&L

**THE LANES OF AU (R3x32) 3C set**

**M Watson RSCDS Bk 32**

- 1- 8 2s 3/4 turn RH, 2s dance LH across halfway (2L with 1s & 2M with 3s), 2s cast on opposite sides & turn in to face 1<sup>st</sup> corner psts **while** 1s+3s dance 1/2 R&L starting by changing place on sides RH
- 9-16 2s change places LH with 1<sup>st</sup> crnrs, 2s set **as** centre couple (1L+3M) change places RH, change with crnrs LH, 1L+3M set **as** 2s turn face 2<sup>nd</sup> crnrs
- 17-24 2s change places LH with 2<sup>nd</sup> crnrs, 2s set **as** centre cple (1M+3L) change places RH, change with crnrs LH, 1M+3L set **as** 2s turn RH to own side
- 25-32 1s+2s dance RH across halfway, 1s+3s dance LH across halfway, 2s turn RH 1½ times **while** 1s turn LH 1½ times

**SLEEPLESS IN GREELEY (S8x32) 2C (4C set)**

**L Hanson**

- 1- 8 1s+2s set, turn BH, and circle 4H once round to the left
- 9-16 1s lead down the middle, 1M dance below partner and turn 1L under right arm, and lead up to opposite sides
- 17-24 1s+2s set, pull back RSh and chase clockwise one place, turn RH ¼ on the sides into promenade hold, men shldr to shldr, 1s facing up and 2s facing down
- 25-32 1s+2s dance ¼ way round and complete a Tournee

**AMBIDEXTROUS (J8x32) 3C (4C set)**

**Duncan BHS 9 for 2015**

- 1- 8 1s+2s dance ¾ double Fig 8 (1s dance down, 2s cross up), 2s set as 1s turn ¾ LH finishing BtoB (1L face up, 1M face down)
- 9-16 1s dance Double Triangles up/down, 2M+3M and 2L+3L change RH on bars 11-12 and 1s petronella turn to 2nd place opposite sides on bars 15-16
- 17-24 1s dance Diagonal R&L (1M up, 1L down) to finish (2)(1)(3)
- 25-32 2s+1s+3s circle 6H round and back  
Repeat: Bars 1-6 Men cross in front of Ladies in the ¾ double Fig 8 and bars 5-8 new 3s and standing top couple

**CATCH THE WIND (R8x32) 3C (4C set)**

**R Butterfield RSCDS Bk 45**

- 1- 8 1s set, cast 1 place & dance ½ Fig of 8 round 2s
- 9-16 1s set twice with 1L turning to face out, 1L followed by partner casts up & dances down the middle 1L to face 3M **while** 1M faces 2M
- 17-24 1s RSh reels of 3 across (1M with 2s & 1L with 3s)
- 25-32 1L followed by partner dances down cast up round 3M & crosses to end in 2<sup>nd</sup> place on own sides, 1s turn RH (4 bars)

**THE CORIAN STRATHSPEY (S3x32) 3C set**

**M Whitby RSCDS Bk 43**

- 1- 8 1M+2L turn RH 1½ times **while** partners dance round anticlockwise halfway, 1s dance ½ Fig of 8 round 3s. (2) 1 3
- 9-16 1L+3M turn LH 1½ times **while** partners dance round clockwise halfway, 3s dance ½ Fig of 8 round 2s. (2) 3 (1)
- 17-24 2s+3s+1s set & 3s petronella turn to 3L between 2s facing down & 3M between 1s facing up, all Set+Link for 3 once. 2 3 1
- 25-32 3s dance RH across (Lady with 2s & Man with 1s), 3s pass RSh & dance LH across with other couples to end. 2 3 1

**W. JAMES (J8x32) 3C (4C set)**

**A Grey Tweedale Coll 2**

- 1- 8 1s dance down below 2s & cast back to place, 1s+2s turn RH into...
- 9-16 1s+2s dance Allemande ending with 1s turning RH to...
- 17-24 1s Bal-in-Line with 1<sup>st</sup> corners & 3/4 turn RH, Bal-in-Line with 2<sup>nd</sup> corners & turn RH to 2<sup>nd</sup> place own sides
- 25-32 2s+1s+3s circle 6H round & back

Heather & Thistle Ball

EH3 7AF It's nae Bother  
 Portnacraig The Lanes of Au  
 Ythanside Sleepless in Greeley  
 On the Go Ambidextrous  
 Zytglogge Catch the Wind  
 Ecstatic Corian Strathspey  
 St. Andrew's Gardens W. James  
 Dancing in the Street

EH3 7AF

(2) 32J3  
 1-8 Cpl 1 lead down the middle and up, 2s and 3s step in on bar 8.  
 9-16 Cpls 1, 2, 3 promenade; 1s cast to 2<sup>nd</sup> and 2s dance to 1<sup>st</sup>.  
 17-20 Cpl 1 pass by rt and turn 1<sup>st</sup> crnrs by rt to finish between 2s and 3s.  
 21-24 Cpl 1 pass by rt and turn 2<sup>nd</sup> crnrs by rt to finish in 2<sup>nd</sup> on opp sides.  
 25-28 M1 with 2s and W1 with 3s dance rt hands across once round.  
 29-32 W1 cross up between 2s and cast down while M2 cross down between 3s and cast up to end in 2<sup>nd</sup>.

Portnacraig

(3) 32R3  
 1-4 Cpl 1 set and turn two hands halfway to face 2s diagonally with near hands joined.  
 5-8 W1 sets to M2 and turns ½ by lft, while M1 sets to W2 and turns ½ by rt.  
 9-16 Cpls 2, 1, 3 advance and retire and circle 6 hands round to the lft halfway.  
 17-24 Cpl 1 dance half diagonal reels of 4 with 1<sup>st</sup> crnrs and half diagonal reels of 4 with 2<sup>nd</sup> crnrs.  
 25-28 Cpl 1 dance half fig 8 around cpl 3.  
 29-32 Cpls 2, 1, 3 turn by the rt.

Ythanside

(3) 32S3  
 1-8 Cpl 1 sets, crosses down by the rt, casts rt round 1<sup>st</sup> crnrs, changes up and down by the rt to finish facing down and up between 2s and 3s.  
 9-16 Cpl 1 dances rt shldr reels of 3 across the dance to finish in lines across.  
 17-24 Set in lines across, all change by rt with opp, set in lines across, and 1s cast to outside 2<sup>nd</sup> place on own sides while M2 with M3 and W2 with W3 turn halfway with both hands to face out.  
 25-32 Men and women circle 3 hands once round to lft on own sides and with M2 and W3 leading, open into circle 6 hands round to lft.

On the Go

(3) 32J2  
 1-4 W1 and M2 turn by the rt and face out own side.  
 5-8 W1 and M2 cast down or up and dance across the set to each other's original place while M1 and W2 turn by the lft to face ptrnr.  
 9-16 Reel of 4 on the second diagonal. M1 and W2 join lft hands in passing and take ptrnr by the rt hand.  
 17-20 Balance in line and turn ptrnrs ½ by the rt.  
 21-24 W1 and M2 change by lft while M1 and W2 dance up or down the side to original places. M1 with M2 and W1 with W2 turn ½ by rt.  
 25-32 Cpls 2 and 1 circle 4 hands round and back.

Zytglogge

(3) 32R3  
 1-8 Cpl 1 turn by rt, cast, and turn by lft to face 1<sup>st</sup> crnrs.  
 9-12 Cpl 1 and 1<sup>st</sup> crnrs change by rt while 2<sup>nd</sup> crnrs set. Cpl 1 and 2<sup>nd</sup> crnrs dance one place CW while 1<sup>st</sup> crnrs turn ¾ by lft to face cpl 1.  
 13-16 Cpl 1 and 1<sup>st</sup> crnrs change by rt while 2<sup>nd</sup> crnrs set. 1<sup>st</sup> and 2<sup>nd</sup> crnrs dance one place CW while cpl 1 turns ¾ by lft to face 1<sup>st</sup> crnrs in opp positions.  
 17-24 Repeat bars 9-16. Cpl 1 finishes facing 1<sup>st</sup> crnrs.  
 25-32 Cpl 1 dance rt hands across on the ends, pass rt shldr, and dance lft hands across at the other end.

Ecstatic

(3) 32S4  
 1-8 Cpls 1, 2, 3 set on the sides, dance ¼ round CW, set in lines across, and dance ¼ round CW to finish on opp sides.  
 9-20 Cpls 3, 2, 1 dance rts and lfts for three cpls.  
 21-24 Cpls 3, 2, 1 set on opp sides and cross by rt.  
 25-32 Cpl 3 with cpl 2 and cpl 1 with cpl 4 dance the espagnole.

St. Andrew's Gardens

(3) 32J3  
 1-4 W1 w/ W2, M1 w/ M2 change by lft, join near hands, and set to ptrnrs.  
 5-8 Cpls 2 and 1 circle to lft once round.  
 9-12 Cpl 1 dance in slightly and cast to lft, W1 around W2 and M1 around M3, curve to face 1<sup>st</sup> crnrs.  
 13-16 Cpl 1 turn crnr by rt, end in lines facing up and down and set.  
 17-24 Cpl 1 repeats bars 9-16 to 2<sup>nd</sup> crnrs and sets on the sides.  
 25-28 Cpls 2, 1, 3 advance and retire.  
 29-32 Cpl 1 two hand turn halfway and retire with pas de basque step.

Dancing in the Street

(3) 32R4  
 1-8 Cpls 1 and 3 turn ¾ by rt, dance half reel of 4, and turn ¾ by rt.  
 9-16 Cpls 3 and 2 and cpls 1 and 4 dance rt hands across and back by the lft. Stay facing CCW.  
 17-24 Chase CCW halfway round the set and flow into circle 8 hands round halfway.  
 25-32 Cpls 3 and 2 and cpls 1 and 4 dance poussette.

- It's nae Bother 32J2
- (2)
- 1-8 Cpls 1 and 2 set. W1 and W2 dance across the set passing prtnr by the rt and dance CW round the set back to their own side progressed.
- 9-16 Cpls 1 and 2 dance rt hands across and back by the lft.
- 17-24 Cpls 1 and 2 set. M1 and M2 dance across the set passing opp by the rt and dance CW round the set back to their own side progressed.
- 25-32 Cpls 2 and 1 dance rts and lfts.

- The Lanes of Au 32R3
- (4)
- 1-4 Cpl 2 turn  $\frac{3}{4}$  by rt. W2 with cpl 1 and M2 with cpl 3 dance lft hands across halfway.
- 5-8 Cpl 2 dances CCW to opp sides and curves to face 1<sup>st</sup> crnr position while cpls 1 and 3 dance half rts and lfts beginning on the sides and finishing on own sides at opp ends of the set.
- 9-12 W2 with M3 and M2 with W1 change by lft. M3 and W1 change by rt while cpl 2 sets.
- 13-16 W2 with W1 and M2 with M3 change by lft. Cpl 2 turn by rt to face 2<sup>nd</sup> crnrs while W1 and M3 set.
- 17-24 Cpl 2 repeats bars 9-16 with 2<sup>nd</sup> crnr positions and ends on own side facing up.
- 25-28 Cpls 1 and 2 dance rt hands across halfway. Cpls 1 and 3 dance lft hands across halfway.
- 29-32 Cpl 2 turn  $1\frac{1}{2}$  by rt while cpl 1 turn  $1\frac{1}{2}$  by lft.

- Sleepless in Greeley 32S2
- (3)
- 1-8 Cpls 1 and 2 set, turn prtnr with both hands, and circle 4 hands round to the lft.
- 9-16 Cpl 1 leads down, M1 dances below W1 while turning her under his right arm, and they lead up to the top on opp sides.
- 17-24 Cpls 1 and 2 set, pull back rt shldr to chase one place CW, and turn prtnr  $1\frac{1}{4}$  by rt on the sides to finish in promenade hold in a line across the dance (men shldr to shldr).
- 25-32 Cpl 1 and 2 dance  $\frac{1}{4}$  way round and complete a tourn e.

- Ambidextrous 32J3
- (3)
- 1-8 Cpls 1 and 2 dance  $\frac{3}{4}$  double fig 8, 1s dancing down the sides as the 2s cross up to begin. 2s set while 1s turn  $\frac{3}{4}$  by lft to finish back to back in the middle, lady face up and man face down.
- 9-16 Cpl 1 dance double triangles and petronella to end on opp side. Corners change by rt on the sides on bars 11-12.
- 17-24 Cpl 1 dances diagonal rts and lfts, man up and lady down. Cpls finish on opp sides.
- 25-32 Circle 6 hands round and back.

Repeat the 2<sup>nd</sup> turn of the dance with the gender roles reversed. Men cross in front of ladies in the  $\frac{3}{4}$  double fig 8. New 3s and standing cpl at the top cross by rt and set on bars 5-8.

- Catch the Wind 32H3
- (2)
- 1-8 Cpl 1 set and cast, 2s step up. Cpl 1 dance  $\frac{1}{2}$  fig 8 around the 2s.
- 9-12 Cpl 1 set twice, W1 pull back rt shldr to face out on bars 11-12.
- 13-16 W1 followed by prtnr cast up round M2 and dance down to end W1 between 3s and M1 between 2s facing the men's side of the dance.
- 17-24 Rt shldr reels of 3 across the dance.
- 25-28 W1 followed by prtnr dance down and cast round M3 and end on own sides in 2<sup>nd</sup>.
- 25-32 Cpl 1 turn by rt.

- The Corian Strathspey 32S3
- (3)
- 1-4 M1 and W2 turn  $1\frac{1}{2}$  by rt to change places while prtnrs dance CCW to change places.
- 5-8 Cpl 1 dance half fig 8 down round 3s.
- 9-12 W1 and M3 turn  $1\frac{1}{2}$  by lft to change places while prtnrs dance CW to change places.
- 13-16 Cpl 3 dance half fig 8 up round 2s.
- 17-20 All set on the sides. Cpl 3 dance a petronella turn to end W between the 2s and M between the 1s.
- 21-24 Set and link for 3.
- 25-28 Cpl 3 dance rt hands across on the ends, lady up and man down.
- 29-32 Cpl 3 dance lft hands across on the opp ends.

- W. James 32J3
- (2)
- 1-8 1s dance between 2s and cast up to place. 1s and 2s turn by rt, end facing up retaining rt hand.
- 9-16 1s and 2s dance allemande. 1s finish by turning with rt hand, retain hands and join lft hands with 1st crnr.
- 17-24 1s balance with 1st crnrs, turn by rt, balance with 2<sup>nd</sup> crnrs, and turn by rt to place.
- 25-32 2s, 1s, 3s circle 6 hands round and back.