

Scottish Country Dancers of Colorado  
**October Regional Dance**

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Saturday, October 7th, 2017 • 6:00 pm to 9:00 pm  
Friendship Irish Dance Center • 1946 S. Quebec, Denver

Some dances walked through at 5:30.  
\$5.00 SCD members / \$6.00 non-members.  
Students through high school half price.

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	Program		
Rory o' More	8x32J2	(2)	1-9
Countess of Dunmore's Reel	8x32R3	(3)	49-12
Bedrule	8x32S3	(3)	33-7
Chased Lovers	8x32J3	(3)	Wilson, World Wide Weavings
Jennifer's Itchy Fingers	8x32R3	(3)	Haynes, Carnforth 6
Deer Friends	8x32S3	(3)	Anderson, St. Martin 1
Fair Jenny's Jig	8x32J3	(3)	Wallace, Redwood
Pluto's Head	8x32R2	(2)	51-10
Holyrood Strathspey	8x32S3	(3)	51-7
MacLeod's Fancy	4x32J4	(4)	33-3
Argyll's Bowling Green	8x32R3	(3)	15-10
Bridge of Nairn	8x32S3	(3)	13-11
Summer Wooing	8x32R3	(3)	38-6
Gaelforce Wind	8x32J3	(3)	Graded 3-12

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The leaves are changing and the air is crisp. Come heat up the evening and join us for fun and exercise. Bring refreshments to share, and as always bring your enthusiasm.

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**RORY O' MORE (J8x32) 2C (4C set)**

RSCDS Bk 1

- 1- 8 1s+2s Adv+Ret; 1s+2s cross over Ladies dancing under arch made by Men, 1s turn under 2s to 2<sup>nd</sup> place
- 9-16 2s+1s Adv+Ret; cross Men dancing under Ladies arch & 1s turn under 2s to original places
- 17-24 1s lead down the middle & back
- 25-32 1s+2s dance Poussette. 2 1

**THE COUNTESS OF DUNMORE'S REEL (R8x32) 3C (4C set)**

RSCDS Bk 49

- 1- 8 1s set, dance down below 3s, cast up to 2<sup>nd</sup> place & set advancing to face 1<sup>st</sup> corners (2s step up 3-4)
- 9-16 1s turn 1<sup>st</sup> corner RH, pass RSh, turn 2<sup>nd</sup> corners RH, pass RSh to 2<sup>nd</sup> place own side facing out (corners dance 4 bars)
- 17-24 2s+1s+3s dance Chain Progression:
  - 17-18 1M casts up, 1L casts down as 2s+3s turn  $\frac{3}{4}$  RH into line up/down set
  - 19-22 1M+2L & 1L+3M, in prom hold dance clockwise to opp end of line as 2M+3L (in middle) turn  $\frac{1}{2}$  LH
  - 23-24 1s dance clockwise to 2<sup>nd</sup> place own side as 3s+2s turn partners  $\frac{3}{4}$  RH to own sides, all finish facing clockwise
- 25-32 3s+1s+2s dance clockwise  $\frac{1}{2}$  round set, all set, all cross RH to own side

**BEDRULE (S8x32) 3C (4C set)**

B Grant RSCDS Bk 33

- 1- 8 1s+2s turn 2H on sides opening out to 4H round to left, 1s & 2s turn partners 2H & end in centre with 3s for Promenade
- 9-16 1s+2s+3s Promenade ending with 1s casting to 2<sup>nd</sup> place
- 17-24 1s+3s dance RH across once round, 2s+1s dance LH across once round
- 25-32 2s+1s+3s dance reels of 3 on own sides 1s giving RSh to 3s

**CHASED LOVERS (J8x32) 3C (4C Set)**

T Wilson World Wide Weavings

- 1- 8 1s set, cross down with no hands as 2s step up, cast behind 3s, and dance up to center, 1L in front of 1M
- 9-16 1s+2M+3L dance LSh Tandem Reel of 3, 1s pivot to face down, 1M in front of 1L
- 17-24 1s+3M+2L dance RSh Tandem Reel of 3, 1s finish facing first corners
- 25-32 1s dance Pass & Turn with 1<sup>st</sup> corners, pass RSh, dance Pass & Turn with 2<sup>nd</sup> corners, pass RSh to 2<sup>nd</sup> place on own sides

**JENNIFER'S ITCHY FINGERS (R8x32) 3C(4C set)**

D Haynes Carnforth 6

- 1- 8 1s+2s+3s dance  $\frac{1}{2}$  Reflection reels of 3 on sides (1s dance in & down), 1s cross RH & cast up to partners original place
- 9-16 1s repeat bars 1-8 on opposite sides
- 17-24 1s & 3s dance double Fig of 8 around 2s (1s cross down & 3s cast up to start)
- 25-32 2s followed by 1s dance down middle for 2 steps & set to partners, 1s followed by 2s dance up to top & 1s cast to 2<sup>nd</sup> place as 2s dance to top

**DEER FRIENDS (S8x32) 3C (4C set)**

B Anderson St. Martin 1

- 1- 8 1s cross down RH (2s step up) and dance behind 3s, cross RH, cast up to 2<sup>nd</sup> place, and turn LH to finish with LH joined in middle and RH joined with partner's 1<sup>st</sup> corner
- 9-12 1s dance Strathspey Balance and Turn with 1<sup>st</sup> corners
  - 9 All set, 1s release LH of partner and take LH of corner
  - 10 1s turn corner  $\frac{1}{2}$  LH, retain LH with corner and join RH in middle
  - 11 All set, 1s release LH of corner and take LH of partner
  - 12 1s turn partner  $\frac{1}{2}$  LH while corners set, finish facing partner's 1<sup>st</sup> corner
- 13-16 1s dance  $\frac{1}{2}$  reel of 4 with 1<sup>st</sup> corners, to finish with LH joined in middle and RH joined with partner's 2<sup>nd</sup> corner
- 17-24 Repeat bars 9-16 with 2<sup>nd</sup> corners to finish in 2<sup>nd</sup> place on opposite sides
- 25-32 All Set & Link for 3 twice

**FAIR JENNY'S JIG 1 (J8x32) 3C (4C Set)**

R Wallace From the Redwood Forest

- 1- 8 1s set, cast 1 place, set &  $\frac{1}{2}$  turn RH to face 1<sup>st</sup> corners
- 9-16 1s turn 1<sup>st</sup> corner LH, turn partner RH, turn 2<sup>nd</sup> corner LH & turn partner RH to end 2<sup>nd</sup> place own sides
- 17-24 1s dance reels of 3 on sides (RSh to 3<sup>rd</sup> corner to start) ending BtoB facing own sides
- 25-32 1s dance Double Triangles ending 2<sup>nd</sup> places

**PLUTO'S HEAD (R8x32) 2C (4C set)**

RSCDS Bk 51

- 1- 8 1M + 2L turn RH, 1s + 2s circle 4H rounds to left
- 9-16 1L + 2M turn LH, 1s+ 2s circle 4H round to the right
- 17-24 1s lead down for 3 bars, up for 3 bars and cast to 2<sup>nd</sup> place as the 2s step up
- 25-32 2s+1s dance R+L

**HOLYROOD STRATHSPEY (S8x32) 3C (4C set)**

**RSCDS Bk 51**

- 1- 8 1s set, turn RH, cast as 2s step up, turn RH to face out own side
- 13-16 2s+1s+3s dance RSh reels of 3 on the sides, 1s finish facing 1<sup>st</sup> corners
- 17-24 1s dance Pass & Turn with 1<sup>st</sup> corners, pass RSh, dance Pass & Turn with 2<sup>nd</sup> corners, and pass RSh to end on own side
- 25-32 2s+1s+3s circle 6H round & back

**MACLEOD'S FANCY (J4x32) 4C set**

**J Drewry RSCDS Bk 33**

- 1- 8 1s+4s set diagonally, 1M+4L  $\frac{3}{4}$  turn RH & cast up/down own side back to place **while** 1L+4M cast down/up own side &  $\frac{3}{4}$  turn RH back to place
- 9-16 All dance reels of 4 on sides, ending **as** at start of reel
- 17-24 2s & 3s turn 1s & 4s RH into a St Andrew's Cross, all set & turn crnr to end 1s in 3<sup>rd</sup> pl & 4s in 2<sup>nd</sup> pl on own sides having passed other crnr RSh
- 25-32 1s & 4s set & cross over (Ladies dancing between Men) & dance  $\frac{1}{2}$  Fig of 8 round end couples to 3<sup>rd</sup>/2<sup>nd</sup> places (giving RH at top, LH at bottom)

**ARGYLL'S BOWLING GREEN (R8x32) 3C (4C set)**

**RSCDS Bk 15**

- 1- 8 1s set & cast 1 place, 1s set & cast Lady up & Man down to end in lines across (1L between 2s facing down & 1M between 3s facing up)
- 9-16 1s+2s+3s Adv+Ret & circle 6H round to the left, 1s end facing 1<sup>st</sup> corners
- 17-24 1s set & turn 1<sup>st</sup> corners, set to 2<sup>nd</sup> corners & turn partner 2H to end 2<sup>nd</sup> place own sides
- 25-32 2s+1s circle 4H round to left & 2s+1s+3s turn RH

**BRIDGE OF NAIRN (S8x32) 3C (4C set)**

**R Bremner RSCDS Bk 13**

- 1- 8 1s cast below 3s & lead up between to top, cross & cast to meet partner facing 2L
- 9-16 1s set to 2L, 3M, 3L then 2M & turn to face 1<sup>st</sup> corners
- 17-24 1s turn 1<sup>st</sup> corner RH, partner LH, 2<sup>nd</sup> corner RH & partner LH ending in 2<sup>nd</sup> place opposite sides
- 25-32 2s+1s+3s Adv+Ret & 1s turn with 2H  $1\frac{1}{2}$  times

**SUMMER WOOING (R8x32) 3C (4C set)**

**A Macpherson RSCDS Bk 38**

- 1- 8 1s+2s circle 4H round to left, chase clockwise  $\frac{1}{2}$  way to end on opp sides (2s in 1<sup>st</sup> place facing down & 1s in 2<sup>nd</sup> place facing up)
- 9-16 2s+1s+3s dance RSh reels of 3 on sides
- 17-24 1s followed by 2s lead down for 3, 2s divide & follow 1s back to top, 1s+2s retain RH & Men pass in front of Ladies **as** they turn under right arm
- 25-32 1s+2s dance Poussette. 2 1 3

**GAELFORCE WIND (J8x32) 3C (4C set)**

**D Haynes Carnforth 3**

- 1- 8 1s set, cross RH, 1s+2s Set+Link (Ladies face out)
- 9-16 2s+1s Men's Chain
- 17-24 1s  $\frac{1}{2}$  Figs of 8 (L round 2s & M round 3s), 2s+1s+3s turn RH & open into
- 25-32 2s+1s+3s circle 6H round & back

### October Regional Dance

Rory o' More Pluto's Head  
Countess of Dunmore's Reel Holyrood Strathspey  
Bedrule MacLeod's Fancy  
Chased Lovers Argyll's Bowling Green  
Jennifer's Itchy Fingers Bridge of Nairn  
Deer Friends Summer Wooin  
Fair Jenny's Jig Gaelforce Wind

#### Rory o' More

(2) 32J2  
1-4 Cpls 1 and 2, with hands joined on the sides, advance and retire.  
5-8 Men arch over the ladies. Cpl 1 turns under the arms of cpl 2 to end in 2<sup>nd</sup> place. (Turn under can be omitted).  
9-16 Repeat bars 1-4. Ladies arch over the men. Cpl 1 turns under the arms of cpl 2 to end in 1<sup>st</sup> place.  
17-24 Cpl 1 leads down the middle and up.  
25-32 Cpls 1 and 2 dance poussette.

#### Countess of Dunmore's Reel

(3) 32R3  
1-8 Cpl 1 set, dance down below cpl 3, cast up to 2<sup>nd</sup> place, and set advancing to face 1<sup>st</sup> crnrs.  
9-16 Cpl 1 turn 1<sup>st</sup> crnr by rt, pass rt shldr, turn 2<sup>nd</sup> crnr by rt, and pass rt shldr to face out own side in 2<sup>nd</sup> place. (Corners dance for 4 bars.)  
17-24 Cpls 2, 1, 3 dance chain progression.  
25-32 Cpls 3, 1, 2 dance CW halfway round set to opp sides, set on the sides, and cross by rt.

#### Bedrule

(3) 32S3  
1-8 W1 and W2, M1 and M2, turn once round w/both hands, open into 4 hands round to lft, and turn prtnr w/both hands.  
9-16 Cpls 1, 2, and 3 promenade; on bars 15-16 cpl 1 cast to 2<sup>nd</sup>, cpl 2 dance to top.  
17-20 Cpls 1 and 3 dance rt hands across.  
21-24 Cpls 2 and 1 dance lft hands across, cpl 1 end in 2<sup>nd</sup> facing down.  
25-32 Cpls 2, 1, 3 dance reels of 3 on sides, cpl 1 give rt shldr to 3s to begin.

#### Chased Lovers

(3) 32J3  
1-8 Cpl 1 sets, crosses down through 2<sup>nd</sup> as the 2s step up, casts behind the 3s and dances up the center with W1 in front of M1.  
9-16 Cpl 1 dances tandem lft shldr reel of 3 on the 1<sup>st</sup> diagonal and turns rt about to face down.  
17-24 Cpl 1 dances tandem rt shldr reel of 3 on the 2<sup>nd</sup> diagonal and finishes facing 1<sup>st</sup> crnrs.  
25-32 Cpl 1 dances pass and turn with 1<sup>st</sup> crnrs and with 2<sup>nd</sup> crnrs.

### Jennifer's Itchy Fingers

(3) 32R3  
1-4 All dance ½ mirror reels of 3 on own sides, cpl 1 dances in and down to begin.  
5-8 Cpl 1 crosses by rt and casts up to the top as the 3s and 2s step down.  
9-16 Repeat bars 1-8 from new positions.  
17-24 Cpls 1 and 3 dance double fig of 8, cpl 1 crossing down and cpl 3 casting up to begin.  
25-32 Cpl 2 followed by cpl 1 dance down, set to prtnr, dance up, cpl 1 casts to 2<sup>nd</sup> place as cpl 2 dances to the top.

#### Deer Friends

(3) 32S3  
1-8 Cpl 1 cross down by rt as the 2s step up, dance behind cpl 3, cross by rt, cast up to 2<sup>nd</sup>, and turn by lft to finish with lft hands joined with prtnr and rt hands joined with prtnr's 1<sup>st</sup> crnr.  
9-12 Cpl 1 dance strathspey balance and turn to finish facing prtnr's 1<sup>st</sup> crnr.  
13-16 Cpl 1 dances ½ diagonal reel of 4 with 1<sup>st</sup> crnrs and finishes with lft hands joined with prtnr and rt hands joined with prtnr's 2<sup>nd</sup> crnr.  
17-24 Cpl 1 repeats bars 9-16 with 2<sup>nd</sup> crnrs, crossing by lft to finish on opp sides in 2<sup>nd</sup> place.  
25-32 All set and link for 3 twice.

#### Fair Jenny's Jig

(3) 32J3  
1-8 Cpl 1 set, cast (2s step up), set, and turn ½ by rt to face 1<sup>st</sup> crnrs.  
9-12 Cpl 1 turn crnrs by lft and prtnr ½ by rt to face 2<sup>nd</sup> crnrs.  
13-16 Cpl 1 turn crnrs by lft and prtnr ¼ by rt to end in 2<sup>nd</sup> on own side facing out.  
17-24 Cpl 1 dances reels of 3 on the sides giving rt shldr to person on their rt, and end ready for  
25-32 Double triangles.

#### Pluto's Head

(2) 32R2  
1-8 M1 and W2 turn by rt. Cpls 1 and 2 circle lft once round.  
9-16 M2 and W1 turn by lft. Cpls 1 and 2 circle rt once round.  
17-24 Cpl 1 leads down for 3 bars, up for 3 bars, and casts to 2<sup>nd</sup> as the 2s step up.  
25-32 Cpls 2 and 1 dance rts and lfts.

#### Holyrood Strathspey

(3) 32S3  
1-8 Cpl 1 sets, turns by rt, casts to 2<sup>nd</sup> place, and turns by rt to face out own side.  
9-16 Cpls 2, 1, and 3 dance rt shldr reels of 3 on the sides. Cpl 1 finishes back to back facing 1<sup>st</sup> crnrs.  
17-24 Cpl 1 dances pass and turn with 1<sup>st</sup> crnrs and with 2<sup>nd</sup> crnrs to end on own sides in 2<sup>nd</sup> place.  
25-32 Cpls 2, 1, and 3 circle 6 hands round and back.

MacLeod's Fancy

- (4) 32J4  
 1-2 Cpls 1 and 4 face diagonally and set.  
 3-8 M1 and W4 turn by the rt  $\frac{3}{4}$ , dance out the opp end of their own lines, and cast to place. Meanwhile W1 and M4 cast to the opp end of their own lines, turn by the rt  $\frac{3}{4}$  and dance to place facing out.  
 9-16 Reel of 4 on the sides and finish as though going to repeat the reels.  
 17-18 Cpls 1 and 2, cpls 3 and 4 turn by the rt  $\frac{1}{2}$  on the sides to bring 1s and 4s into middle where they give lft hands across while retaining rt hands with 2s and 3s.  
 19-20 All set in the cross formation.  
 21-24 Cpls 1 and 4 drop lft hands and turn 2s and 3s by rt. Releasing hands on bar 23, cpl 1 dance to 3<sup>rd</sup> and cpl 4 dance to 2<sup>nd</sup> passing rt shldrs. The order is now 2, 4, 1, 3.  
 25-26 Cpls 4 and 1 join hands and set on sides.  
 27-28 Cpls 4 and 1 cross over to opp sides – the ladies, with hands joined, pass between the men. On reaching opp sides, ladies turn away from each other, while men turn toward each other.  
 29-32 Cpl 4 join rt hands, lead up between 2s, cross over and cast to 2<sup>nd</sup>. Cpl 1 join lft hands, lead down between 3s, cross over and cast to 3<sup>rd</sup>.

Argyll's Bowling Green

- (3) 32R3  
 1-8 Cpl 1 sets and casts to 2<sup>nd</sup> place. Cpl 1 sets, lady casts up and man casts down to end between the 2s and 3s in lines across the dance facing down and up.  
 9-16 All advance and retire, circle 6 hands once round to the lft. Cpl 1 finish facing 1<sup>st</sup> cmrs.  
 17-20 Cpl 1 sets to 1<sup>st</sup> cmrs and turns 1<sup>st</sup> cmrs with both hands to finish facing 2<sup>nd</sup> cmrs.  
 21-24 Cpl 1 sets to 2<sup>nd</sup> cmrs, pulling back rt shldrs to face prtnr on 2<sup>nd</sup> setting step, and turns prtnr with both hands to finish on own side in 2<sup>nd</sup> place.  
 25-28 Cpls 2 and 1 circle 4 hands round to the lft.  
 29-32 Cpls 2, 1, 3 turn prtnrs by rt.

Bridge of Nairn

- (3) 32S3  
 1-8 Cpl 1 cast two places, lead up to top, cross over, cast one place, and meet joining near hands to face W2.  
 9-16 Cpl 1 set to W2, change hands and set to M3; face and set to W3; change hands and set to M2. Cpl 1 finish facing 1<sup>st</sup> cmrs.  
 17-24 Cpl 1 turn cmr, prtnr, cmr, prtnr and end between cmrs.  
 25-28 Cpls 2, 1, 3 advance and retire.  
 29-32 Cpl 1 turn 1  $\frac{1}{2}$  times with two hands.

Summer Wooing

- (3) 32R3  
 1-8 Cpls 1 and 2 dance 4 hands round to the lft. Cpls 1 and 2 chase clockwise halfway round the set to end facing up and down.  
 9-16 Rt shldr reels of 3 on the sides.  
 17-24 Cpl 1 followed by cpl 2 lead down for 3 bars and up for 3 bars, 2s split to follow 1s up. Retaining rt hands M dance round in front of prtnrs and W turn under their prtnrs' arm to end facing.  
 25-32 Cpls 1 and 2 dance pousette.

Gaelforce Wind

- (3) 32J3  
 1-4 Cpl 1 set and cross by rt.  
 5-8 Cpls 1 and 2 set and link, ladies end facing out.  
 9-16 Cpls 1 and 2 dance men's chain.  
 17-24 Cpl 1 dance  $\frac{1}{2}$  fig 8, lady up between the 2s and man down between the 3s. All turn by rt.  
 25-32 All circle 6 hands round and back.